



LIONS TASMANIA

Lions Clubs
International

August 2011
Vol 36 No 2

Newsletter Editor John Salmon Ph: 62653840 Email: editor@lionstasmania.org

From the District Governor's Pen...

Fellow Lions

The District Officer Changeover was a huge success with over 100 Lions LEOs and guests attending. The highlight for Julie and myself was the attendance of Ben and Laurel Davies from the Stratford Lions Club in V3. They have been close friends of ours since the Penguin Lions and Stratford Lions held an interclub exchange with several members some years ago.

It was a great way to get to know other Lions clubs around Australia and it is probably something that we need to revisit. If anyone would like to know more about how this terrific exchange works please do not hesitate to ask myself or Cabinet Secretary Maurice. We would be only too pleased to assist.

I urge all clubs to take part in International President Wing-kun Tam's desire to see one million trees planted throughout the world during his term of office. Why not combine a tree planting day with your local school. It would not only show Lions caring for our environment, but also sow a seed of service into the hearts of the schoolchildren involved. This would serve as a great opportunity for PR within your community. **All I ask for is that you include the number of trees planted on your WMMR returns so that International Office can keep track of how many trees are planted each month.**

I recently attended the King Island Lions Changeover. I also had the opportunity to address the clubs membership and give them an orientation session. The remoteness of this club and Flinders Island means that they generally miss out on the training sessions that we take for granted on our own big island.

I would also like to congratulate the King Island Lions and wish them all the best with their attempt at forming a LEO Club on the island. I was lucky enough to be able to address their High School students about LEOs and was happy to see a small group of students keen to be a part of a new LEO club. I am sure by the enthusiasm shown that this club will be up and running in the near future.

Congratulations must also go to PDG John Gillham and his team in moving toward a new Lions Club in the Brighton area. This is going to be a joint region project so if you have any friends or family in the Brighton area, please let John or the GMT team know so that they can send them an invitation to an information meeting on or around October 30th.

This is a great way of expanding our community service as we see our towns and cities expand.

**LIONS and YOUTH
MAKING A
DIFFERENCE
TOGETHER**

Regards,
DG Toby



Our District Count

31 Jun 2011

Clubs: 49

Membership: 1243

Status:

"Established district"

30 Jul 2011

Clubs: 49

Membership: 1247

Status:

"Established district"

2
3
4
5
6
7
8

Tasmanian Lions Foundation

Figures for the year ending 30/6/11 has shown good improvement of the previous year, and it was most pleasing to see more Clubs taking advantage of Loan applications. **Also, it was pleasing to see the number of TLF Fellows awards made. Congratulations to all recipients.** In the next newsletter details will be advised of the Annual General Meeting which is to be held on Sunday 12th November, 2011 at the District Convention. Venue etc will also be advised.

Keep up the good work in your communities and making life a little easier for those less fortunate than ourselves.

The next meeting of the foundation will be held on:

11th September 2011

and all grant applications to be in my hands by

2nd September 2011

to 11 Camina Court, Riverside Tas 7250

REMEMBER,

It is your foundation and we are here to assist you. - so please use it.

Until next month Regards

Peter Burke Secretary



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**Please see
Convention Notices Pg 3 &
Application Form Pg 7**

AN EVENING WITH BARRY PALMER

PID, PCC, PDG, Lion Barry Palmer (MD201) was elected at Seattle to the post of 2nd International Vice President.

Some weeks ago the City of Burnie Lions Clubs thought about having a Combined Service Club Dinner, but who to get as the speaker on the night. President Michael MacLaren thought nothing ventured, nothing gained and emailed Barry Palmer as the representative of the constitutional area of Asia-Pacific, and invited him to speak at the dinner. As Michael said at the dinner 'I nearly fell off my chair when my invitation was accepted.'

There would be no better chance for Tasmanian Lions to meet the man who in three years will be the International President of Lions Clubs International and the FIRST AUSTRALIAN to hold that position.

Burnie Arts And Function Centre Saturday 16th July 2011 was the venue for this occasion and clubs state-wide were very well represented.

We were all impressed with Barry's talk and below are some brief points on areas he covered.

- Emphasis on future direction.
- Leadership / Membership challenges.
- Creation of New Clubs.
- Asking the community what kind of a club they want and giving it to them!

Prospective New Members – for consideration:

- Change the way you approach a person to come to a dinner meeting.
- Don't assume they will not be interested due to financial reasons or work commitments.
- Ask the person: Would they help? What would they like to do in their community?

New President focusing on more women joining Lions.

Currently the world population is 51pc women and Lions have 20pc women membership, so there is lots of room to grow. Women think differently and always get the job done. By including women, we have an opportunity for growth of 30%. **And further, it was his opinion that Lions International is only about 10 to 12 years away from having its first female International President.**

L.C.I. International Board members now going paperless. All members now have iPads and all data is sent electronically. No more heavy document loads carried to meetings.

In Club:

- Small caring actions in Clubs to keep members happy.cont'd on page 5

District Convention

SPRING BAY 2011

11th-13th November

MENUS FOR CONVENTION WEEKEND

FRIDAY NIGHT BBQ Drinks available hot or cold

SATURDAY BREAKFAST Egg & Bacon Roll, Juice and tea and coffee

SATURDAY LUNCH Fish Fry (or grilled) Salad & sweets, hot or cold drinks

SATURDAY NIGHT BANQUET

SUNDAY BREAKFAST Egg & Bacon Roll, Juice and tea and coffee

SUNDAY LUNCH Cold Meat & Salad & Sweets, hot or cold drinks

Alcohol available at bar prices.

DON'T FORGET FRIDAY OPENING!!!

Meet & Greet will be finger food supplied by students from Triabunna District High School

DON'T FORGET DRESS CODE FOR SATURDAY NIGHT!!!

BACK TO SCHOOL OR KID'S WEAR!!

NO SUITS OR STILLETTO'S ALLOWED!!

WAIT 'TIL YOU SEE YOUR DG IN HIS SHORTS!!

Can't wait to see the girls in their TUNICS!!

N.B. Saturday afternoon is free of convention hence the opportunity to go to Maria Island or Sea Fest or play golf or whatever.

Maria Island Ferry trips are available Saturday 12th November as follows:

EAST COAST CRUISES SEATING FOR 30

Saturday am 9-2.30 \$30 must take own lunch

Saturday PM 2.30-5.30 \$45 free tea & coffee

There may be a fee to Parks & Wildlife. We are in the process of having that waived.

Other times can be arranged with ferry operator for Sunday if required.

Phone 0362571300 or 0408313904 or eastcoastcruises.com.au

MARIA ISLAND FERRY SEATING FOR 50

Saturday leaves 2.15 PM remain on Island for approx 1 hour and

ferry will return with another group and sail back to Triabunna.

Other times can be arranged with ferry operator for Sunday if required.

Phone: 0419746668 or mariaislandferry.com.au

PLEASE STATE WHEN BOOKING,

" SPRING BAY CONVENTION" & first in best dressed!!

REMEMBER!!!!

"WHEN YOU CAN MAKE IT - WE'LL MAKE YOU WELCOME"

GET YOUR REGISTRATIONS IN NOW!!!

**Phone Robyn Desmond on 62573416
for further details or information.**

IMPORTANT NOTICE TO ALL CLUBS



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The 2011 District convention will be hosted by the Lions Club of Spring Bay
11th-13th November 2011. (See Convention notice on page 2 & application form on page 7)

NOTICES OF MOTION

(a) *Those Motions relating to District Projects must have been submitted in writing to the Cabinet Secretary not less than sixty (60) days prior to the date of opening of the Convention (10th September 2011) by a Club within the District.* Any motion relating to a District Project must contain full organisational details of the project and the financial responsibilities of the Clubs within the District which decide to participate in the project, or where the details of a District Project are being amended, such motion must contain sufficient information to identify the effect of the amendment on the organisational details of the Project and the financial responsibilities of the participating Clubs.

(b) *Notices of Motion relating to changes of a Constitutional nature must be submitted in writing to the Cabinet Secretary not less than sixty (60) days prior to the date of opening of the Convention (10th September 2011).*

ELECTIONS

- District Governor 2012/2013
- 1st Vice District Governor 2012/2013
- 2nd Vice District Governor 2012/2013

Lions standing for these positions should refer to Lions International publication DA-905 (available from the LCI website or from Cabinet Secretary) for eligibility requirements for each of the positions. Please submit nominations with full particulars of qualifications after referring to International Constitution Article IX Section 6 and also the District 201T1 Constitution article 6. *Nominations for the above positions should be in the hands of the Cabinet Secretary by the 10th September 2011.*

DISTRICT CONVENTION HOST CLUB

Any Club desiring to be the Convention Host Club for 2013 shall make application in writing to the Cabinet Secretary at least sixty (60) days prior to the date fixed for the Convention at which the decision will be made (*closing date for this is 10th September 2011*). Each such application shall set out particulars of the proposals and the Club's reasons for considering the same to be suitable and shall be considered by the Convention.

ELECTION OF TRUSTEES - TASMANIAN LIONS FOUNDATION

Nominations are invited for election of ONE Trustee from each telephone region in Tasmania to serve for a period of 3 years. Nominations must be made in writing by the Lions Club nominating a Lion together with the written consent of the Lion nominated. *Nominations must be in the hands of the Cabinet Secretary by the 10th September 2011.*

Nominations required for 2011-2014:

Retiring Trustees, as follows:  **62 Area Lion Jack Allen**  **63 Area Lion Peter Burke**  **64 Area John Medwin**

Lion Maurice Jones
Cabinet Secretary

Almost a Century of Service

On July 16th, Glamorgan Lions Club had their Changeover dinner where they celebrated ninety (90) years of Lionism between the three (3) Lions pictured below.

Three thirty (30) year awards were presented by ALF Chairman Lion Alan Pretzman to three (3) Club Charter Members, namely - Lion Sydney Barber, Lion John Cusick and Lion Murray Hill.

The Glamorgan Club would like to congratulate these members for their long and outstanding contribution.

Lion Shirley Flack - Zone 9



Product Sales

PRODUCT	COST	SELL	PROFIT	%
Lion Mints	0.28c	0.50c	0.264c	52
Lions Peppermint Drops	0.017c	0.30c	0.283c	93
Special Christmas Mints	1.25c	2.00c	0.75c	37
Christmas Cake 1.5kg	10.37	14.00	2.31	26
Christmas Cake 1kg	7.69	10.00	2.31	23
Christmas Plum Pudding 900gm	7.65	11.00	3.35	30

Cake and pudding prices as quoted till end of SEPTEMBER 2011. REMEMBER - for Lions to help our fellow beings we have to have money in our Activities account!

This year to date Mints sales are slightly down on the previous year - they need a bit of a BOOST!

I have only received seven (7) A4 forms back from Club Cake Chairs!! WAITING FOR ANOTHER forty-two (42)!!!!

Yours in Lions *Viv Cardwell* DC (Product Sales 201T1)
Ph 6286 1311 or 0428 136 223



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Around the Clubs

Sorell Lions distributing Emergency Booklets

Sorell Lions have recently started distributing an Emergency Medical Information Book, free of charge, to residents in our community.

The Emergency Medical Information Book is a small red and white booklet, which is kept in a plastic pocket, with three magnets on the back. The booklets were designed by Ambulance Officers in South Australia and they are being distributed around Australia by Lions Clubs.

A Combined community service project by Rotary and Lions Clubs and Ambulance Services.



Autism Assistance Dog For Daniel

A PROJECT OF THE ROCKY CAPE LIONS CLUB
PROMOTED BY COAST FM RADIO

Since leaving an information folder with Coast FM to see if we could have some recognition for our fundraising for the Autism Assistance Dog for Daniel there has been a great deal of interest raised.

Initially, I had a short interview with Mal Metcalf on the community awareness section of his daily broadcast. Since then Jo Baker from Righteous Pups has also been interviewed giving the story of how the family is selected and the training of the dogs as well as the ongoing involvement with dog and family. Both these interviews created interest along the coast with offers of help.

Firstly from the Rotary Club of Wynyard asking us to apply to a fund of which they are Trustee for assistance to a local person. Then came an offer from the Rebel Rousers a country rock band along with the Wynyard RSL to have a fund raising evening, both free of charge to us.

The fundraising evening has developed into a Variety Night for 24th September with auctions of donations.

This should be a great social night for all Clubs to attend at \$8 a ticket, 6.30 for 7pm.

Pam Prior - Chairperson T.A.A.D.

Lion Heather Duffy

Change of meeting venue

The Lions Club of Clarence now meets at the Village Green Tavern, 11 Ralph Terrace, Rokeby.

Meeting dates (1st & 3rd Wednesday) and times (6.30 for 7.00pm) remain the same.



Tasmanian Ambulance Service

Emergency Medical Information Book. EMIB™



Lions Club of Sorell District 201T1

Name.....

Book started..... / /

AMBULANCE 000.

UPDATE YOUR INFORMATION REGULARLY AND KEEP YOUR BOOK ON THE FRIDGE

It must be placed on a fridge, so that it can be found easily by Ambulance Officers, who might be called to a home. They know to look on the fridge. The booklet has a Patient Information page for names and phone numbers, a Medications page, a Medical Conditions page and a Patient History page.

This means that if an ambulance is called, it is much easier and a lot safer for the patient, because the ambulance officer can quickly get accurate information about the person they have come to help. The booklets have already been credited with saving lives. Sorell ions are distributing these Emergency Medical Information Books in the South East of the state, free of charge, after a lot of recent fund raising.

People needing help filling in some of the medical parts of the booklet, should ask their local Community Care Nurses, or doctor or chemist, or another family member.

The booklets are available in most medical places, including Sorell and Richmond doctors, Chemmart Sorell and Dodges Ferry, as well as the Primrose Sands Shop and Dunalley Neighbourhood House, Pittwater Community Centre at Midway Point and of course South East Community Care in Sorell.

Lion Graeme Evans



LIONS HEARING DOGS

Spring Bay Lions Club

are very proud to announce that they have taken delivery of our very first HEARING DOG on Monday 15th August.

The dog, named "Peggy" has come to a lady who was born deaf and

who lives in Triabunna.

Secretary, Robyn Desmond, said that they hoped to have Heather and Peggy at some part of convention.

From the Cabinet Secretary

Membership & Activity Reports

All Lions clubs should now be entering their monthly reports online on the WMMR system. There is no need to wait till end of month - just enter the information as it happens - if you need to make any change to a member's details, just do it!

If you have no changes to membership at all, then enter a "No membership Activity" for the month after your second meeting. But don't forget to enter some activities!

All clubs should have some activity to report each month (your club is doing stuff, right??) - please enter it as soon as it has happened; add a photo or two if you have some and share it so Lions around the world can see the good work your club is doing. All club activities should be reported (even including meetings and administration time)

WMMR is available to all club presidents, secretaries and treasurers. For guidance and assistance with WMMR (including passwords etc) please contact **CABINET SECRETARY Maurice Jones** at cabsec@lionstasmania.org or phone 6437 2355.

Question – what is WMMR? (Web Monthly Membership Reporting)

Answer – WMMR is the record system used globally for Lions, replacing all previous Membership and Activity reporting. It has these major functions:

- To record the membership details for all Lions members globally
- To maintain a record of Family groups within clubs
- All membership billing at International, Multiple District and District levels is based on the information in WMMR
- For Australia, the member addresses are used for delivery of "The Lion" magazine
- To record the details of each Lions club – e.g. club meeting places & times, club address, club officers
- To record the details of the District – the names of district officers, structure of the regions and zones
- To record and share club activities, including hours worked, funds raised, items donated etc.
- Used to provide global reporting on the work that Lions do.
- Those with access can see the shared activities of Lions clubs all over the world

Lion Maurice Jones - Cabinet Secretary

.....cont'd from page 2

- Resume the practice of introducing guests and members at meetings.
- Well fare Chairperson, he/she looks after the members well being i.e.: Cards for the occasion, phone calls, visits to home or hospital or make arrangements to do so.

(NB: If clubs have very ill members or members hospitalised, DG Toby and your Zone Chairman would like to be notified please)

"Congratulations" to the City of Burnie Lions Club on taking up Barry's

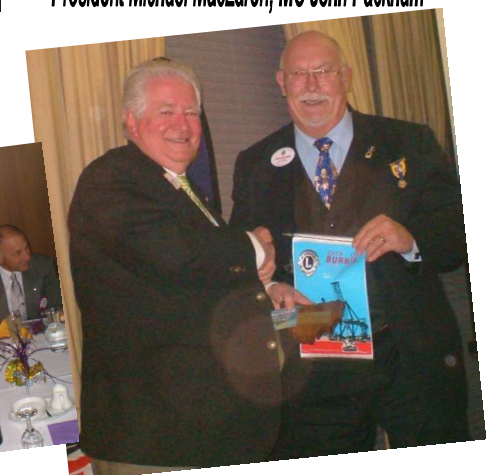
"WHAT IF" Challenge

Heather Johns

Zone 2 Chair



Photo: L-R—Mayor Alwyn Boyd, Lions RC John Medwin
DG Ken Gatehouse, 2nd VP Lions Clubs Int'l Barry Palmer,
President Michael MacLaren, MC John Packham



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Online access to LCI Statements

Club officers may have received email notification from Lions Clubs International (LCI) recently that they can now view statements and make payments online if they wish.

Please note that clubs making online payments to LCI can only pay using credit card and these transactions may incur bank fees for an international transaction.

It should also be noted that the amounts shown on statements in WMMR are all in US dollars and the amount shown owing does not include any District or Multiple District dues.

Club treasurers are encouraged to continue sending all dues payments to our local Cabinet Treasurer:

**Cabinet Treasurer Erik Madsen
6 Powell Rd
BLACKMANS BAY TAS 7052**



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GMT & GLT Overview...



Global Membership Team Overview

The Global Membership Team (GMT) provides a global structure for membership development which is continuous, focused, and integrated. Effective July 1, 2011, a Global Leadership Team counterpart was established. Additionally, newly expanded GMTMD/District/Single District teams and GLT MD/District and Single District teams were established to replace the MERL program. This new structure was created to work in a highly interdependent manner from the International level, to the Constitutional Area level, the Multiple District level, and to the district level for the benefit and success of the club. Members of the GMT and GLT work together to identify, develop and encourage opportunities for present and future Lions leaders, and to develop membership through service and engagement.

The Global Membership Team and Global Leadership Team operate as parallel structures to enhance membership growth



Leadership is critical to the overall success of any organization, including Lions Clubs International. An effective leadership team provides the vision, guidance and motivation necessary for our association to continue to fulfil its mission of providing quality, relevant service to communities around the world.

- The Global Leadership Team (GLT) provides for an enhanced focus on leadership development, which is critical to the future vitality of our association.
- The GLT directs its efforts toward identifying and cultivating effective leaders through active training and leadership development initiatives, while providing necessary information, guidance and motivation.

GLT Structure

The GLT structure encompasses representation at the international, multiple district, single district and district levels and includes District Governor teams, providing a comprehensive global platform for developing more qualified leaders from the club level up, while encouraging regional training and development approaches to address local needs.

Operating as an action oriented, parallel, mutually supportive team with the GMT, the GLT was developed to augment the local efforts of our DG Teams. By integrating the efforts of the GLT, the GMT and our DG Teams, we will be better able to address Regional growth and development needs, while building our membership base, improving club health, and enhancing the quality of our leadership at all levels of the association.

John C Medwin

Global Leadership Team Co-ordinator Lions

FRACTURED ENGLISH!
In a Paris hotel elevator:
Please leave your values at the front desk!



CLUB JOINED
New Lion
SPONSOR



Lions Hearing Dogs says Thanks !

On behalf of the deaf and hearing impaired people of Australia we thank you most sincerely for your support.

At right is a list of contributions from District 201T1 for the 2010/2011 year.

Some of the monies included may be from the previous year where they were received too late to be included in last years detail.

These include donations, sponsorships and merchandise sales.



Lion Peter Harrison
Chairman
Lions Hearing Dogs Inc

Lions Club of	City of D'port Inc.	\$200.00
Lions Club of	Clarence Inc.	\$1,500.00
Lions Club of	Forth Valley Inc.	\$200.00
Lion	Geoff Clow	\$50.00
Lions Club of	George Town Inc.	\$100.00
Lions Club of	Glen (City) Inc.	\$200.00
Lions Club of	Hobart Town Inc.	\$500.00
Lions Club of	Huon Inc.	\$100.00
Lions Club of	K'gs Meadows Inc.	\$1,000.00
Lions Club of	Latrobe Inc.	\$250.00
Lions Club of	Laun Riverside Inc.	\$200.00
Lions Club of	Lilydale Inc.	\$125.00
Leos Club of	Penguin	\$50.00
Lions Club of	Penguin Inc.	\$100.00
Lions Club of	Rocky Cape Inc.	\$200.00
Lions Club of	Sorell Inc.	\$200.00
Lions Club of	St Helens Inc.	\$150.00
Lions Club of	Ulverstone Inc.	\$500.00
Lions Club of	West Tamar Inc.	\$400.00
Lions Club of	Wynyard Inc.	\$100.00
	TOTAL	\$6,125.00

BURNIE EMU BAY LIONS CLUB
Cheryl Wells
RODNEY ALLAN JORDAN

CITY OF LAUNCESTON L CLUB
Sherron Kelty
George Moolenschot
Maxine Moolenschot
JEANETTE ELMORE

KINGBOROUGH LIONS CLUB
Paul Raymond Cairnduff
GEOFFREY WELHAM DAKING

KINGS MEADOWS LIONS CLUB
Alan J Bean
CHRISTINE M LESTER

PORT CYGNET L C LIONS CLUB
Gerard Thomas Mathews
MARIE ELLEN DUGGAN

Andrew McDonald
Tricia McDonald
KARIN BLUEMMEL

WELCOME!

Last Word from IPDG Ken



The doghouse sign was done by the same daughter-in-law as the parking one which looked a bit like we were "on ourselves" thus finishing the story.



Congratulations to IPDG Ken on achieving a Silver level in the Light Keepers Award in Seattle (pictured above), recognizing DG's for high club involvement in service campaigns and growth due to service during 2010-2011.



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THIS MONTH IN HISTORY...

- August 1, 1880: Australia's first **TELEPHONE DIRECTORY** was issued in Melbourne listing 44 names.
- August 2, 1990: IRAQ invaded **KUWAIT** causing an international crisis which resulted in The Gulf War.
- August 5, 1962: **MARILYN MONROE**, US actress, died aged 36 of a drug overdose.
- August 6, 1762: The **SANDWICH** made its debut. It was named after the Earl Of Sandwich.
- August 7, 1858: The first **AUTRALIAN RULES FOOTBALL** match was played on this date between Scotch College and Melbourne Grammar School.
- August 8, 1968: **SIR JOH BJELKE-PETERSEN** became Premier of Queensland.
- August 9, 1958: **MRS KATHLEEN SCOTT** of Dublin gave birth to her 24th child.
- August 12, 1908: The first **MODEL T FORD** was manufactured.
- August 13, 1919: The first demonstration of a **WIRELESS** was given in Australia by Ernest Fisk.
- August 14, 1948: **SIR DONALD BRADMAN** played his last Test match.
- August 19, 1961: **FOUR CORNERS** began on ABC television.
- August 20, 1948: **ROBERT PLANT**, lead singer with rock group led Zeppelin, was born.
- August 21, 1958: **KEN MAYNARD'S** first **ETTAMOGAH PUB** cartoon for the Australian Post magazine was first published.
- August 22, 1988: **BOND CORPORATION HOLDINGS LTD** reported a profit of \$355.7 million (an increase of 255%).
- August 23, 1938: **LEN HUTTON** completed a (then) record innings of 364 for England in the fifth cricket Test against Australia.
- August 25, 1793: The first **CHURCH SERVICE** in Australia was held at Johnson Place, Sydney.
- August 26, 1883: **PEPSI-COLA** was invented by American pharmacist Caleb Brabham. It was originally designed as a cure for indigestion.
- August 27, 1958: The **SOVIET UNION** launched Sputnik 3 carrying two dogs.
- August 29, 1958: **MICHAEL JACKSON** was born on this day.
- August 31, 1968: West Indian cricketer, **GARFIELD SOBERS**, scored 36 in a single six-ball over when playing for Nottinghamshire against Glamorgan.



District 201T1, 32nd. Convention November 11th. - 13th.

Host Club: Lions Club of Spring Bay Inc. Email: convention2011@lionstasmania.org
District Governor's Convention Theme: Lions & Youth making a difference together.

Personal Details

Title	Surname	Preferred Name	Club	Position (eg Lion)

Address _____ Town _____ Postcode _____

Phone (H) _____ (B) _____ (Mob) _____

Email address: _____

First Time Conventioneer: (Yes) (No), please circle as applicable

Function	Location or Time	Qty	Cost/head	Total
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Friday, Nov. 11th

Registration	Triabunna High School (5pm - 6pm)		\$10.00	
BBQ	Triabunna High School (5pm)		\$10.00	
Meet & Greet	Triabunna High School (9pm)		\$10.00	

Saturday, Nov. 12th.

Breakfast	Triabunna RSL (7am)		\$10.00	
Lunch (Fish, fried or grilled)	Triabunna High School (1pm) Afternoon Free Time		\$17.50	
Dinner (Back to school dress)	Triabunna High School (7pm for 7.30pm)		\$40.00	

Sunday, Nov. 13th.

Breakfast	Triabunna RSL (7am)		\$10.00	
Lunch	Triabunna High School (1pm)		\$18.50	

Pins

Convention	(Qty)	\$5.00	(Total)
District	(Qty)	\$5.00	(Total)
District Governor	(Qty)	\$5.00	(Total)

Special Requirements; Dietary _____ TOTAL

Special Needs _____

Payment to: **Convention Treasurer**
Lions Club of Spring Bay., 2011 Convention
P.O. Box 159
Orford Tas. 7190

Registration closes last mail 14th. Oct. 2011 **NO late entries will be accepted**

Office use:
Payment Type = Chq/Cash/Money Order Rec. No. _____
Date Received _____ Registration No. _____





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District Newsletter 2011

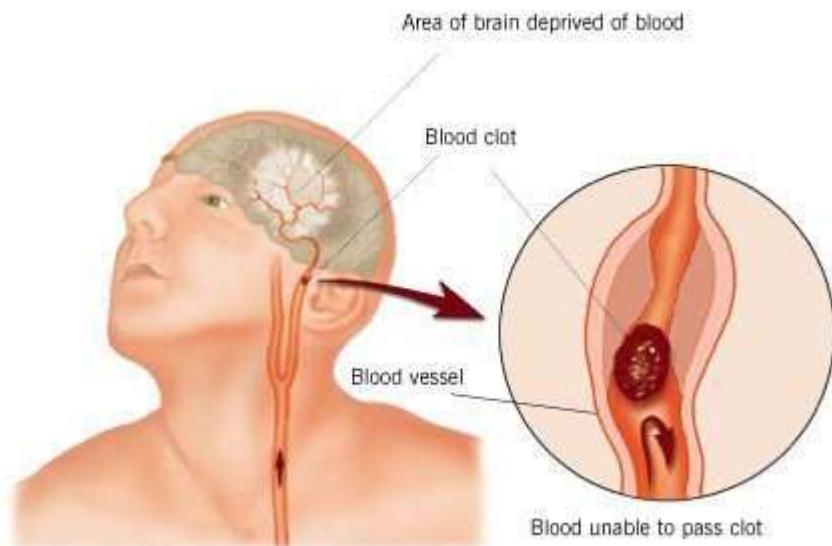
Deadline for next issue is: **SEPTEMBER 10th**

Copy for the newsletter is required
on or before the tenth (10th) of the month of publication.

It is preferred that articles be typed and submitted for publication by e-mail or CD/DVD.
Please forward (where possible) photos and newspaper cuttings with your article.

Scanned images should be of high quality (300dpi).

Blood Clots/Stroke - Fourth Indicator, the Tongue



New Sign of a Stroke — Stick out Your Tongue

NOTE: Another 'sign' of a stroke is this:
Ask the person to 'stick' out his tongue..
If the tongue is 'crooked', if it goes to one
side or the other, that is also an indication
of a stroke.

A cardiologist says if everyone who gets
this e-mail (message) sends it (or shows it)
to 10 people; you can bet that at least one
life will be saved.

We have done our part. Will you?

STROKE: Remember the 1st Three Letters... S. T. R.

STROKE IDENTIFICATION

During a BBQ, a woman stumbled and took
a little fall - she assured everyone that she
was fine (they offered to call paramedics).
She said she had just tripped over a brick
because of her new shoes.

They got her cleaned up and got her a new
plate of food.

While she appeared a bit shaken up, Jane
went about enjoying herself the rest of the
evening Jane's husband called later telling
everyone that his wife had been taken to the
hospital - (at 6:00 pm Jane passed away.)
She had suffered a stroke at the BBQ. Had
they known how to identify the signs of a
stroke, perhaps Jane would be with us today.
Some don't die. They end up in a helpless,
hopeless condition instead.

It only takes a minute to read this...

A neurologist says that if he can get to a
stroke victim within 3 hours he can totally
reverse the effects of a stroke...totally. He

said the trick was getting a stroke
recognized, diagnosed, and then getting the
patient medically cared for within 3 hours,
which is tough...

RECOGNIZING A STROKE

Thank God for the sense to remember the
'3' steps, STR. Read and Learn!

Sometimes symptoms of a stroke are difficult
to identify. Unfortunately, the lack of
awareness spells disaster. The stroke victim
may suffer severe brain damage when people
nearby fail to recognize the symptoms of a
stroke.

Now doctors say a bystander can recognize a
stroke by asking three simple questions:

***S** Ask the individual to **SMILE**.

***T** Ask the person to **TALK** and
SPEAK A SIMPLE SENTENCE
Coherently (eg It is sunny out today.)

***R** Ask him or her to **RAISE**
BOTH ARMS.

If he or she has trouble with ANY ONE of
these tasks, call the 000 number

immediately

and describe the symptoms to the operator.

DISTRICT STAMP COLLECTING

Thanks to all who have continued
their support this year. Keep them
coming in and we invite all lions to
participate in this simple and
rewarding project.

Remember, stamps can be given to
your Zone Chairman and I will
arrange collection from Cabinet *or*
they can be sent direct to me at:

11 Camina Crt Riverside 7250

Keep up the good work!

Regards **Peter Burke**
Riverside Lions Club

ANZI-PACIFIC FORUM



Having encouraged Lions of
Tasmania to attend the first
ANZI-Pacific Forum I now wish
all who accepted the challenge to
attend a most enjoyable and
rewarding experience.

PDG John Gillham



The Last Word...

Did You Ever Wonder.... "Why is it that doctors call what they do "practice"?"