



Lions Clubs International District 201T1

LIONS TASMANIA



Paul Cairnduff District Governor 2022-2023

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FROM THE DISTRICT GOVERNOR'S

DESK



Fellow Lions

Leadership is action, not position!

I have always liked this quote. It is one of the reasons my slogan for this year is "See the need-Take the lead". I penned that slogan to remind me and members in the District that if we are to distinguish ourselves as Lions and carry on the strong traditions of our predecessors we simply, need to get things done.

With any organisation or group there is always lots of talk. You have no doubt heard the saying "talk is cheap". Some Lions can attend meetings and get momentarily revved up about this or that idea/suggestion and forget about the whole thing by the time they get to their car to return home. To me that is unacceptable participation and poor self-leadership. It is the same noise a hollow bell makes... Nothing.

I am sure some people are intimidated by the thought of being in a leadership role. The nightly news is constantly reporting political upheaval and other world discords, making the thought of world peace a comedian's punch line. The idea of entering the world of leadership would scare off most, but

leadership is more than just tackling problems of the Lions world, it's also about achievement and satisfaction.

I would offer, that it is decisiveness in handling Lions day-to-day issues with civility, patience, and an effort at understanding, that lays the groundwork and generates momentum for one to consider taking on some higher office and achievements.

Leadership qualities for Lions would include - selfless service, charitable acts, and any personal example with whom you interact with daily, being other option(s) and easier or more obvious pathways to consider leadership.

I am requesting that all Lions Clubs in the District dedicate one of their meeting nights (or days) in April-May to conduct a membership recruitment drive. Possible suggestions on the structure of this event are fluid, with ideas ranging from something simple - to a more formal approach. The important point is to plan something that will help your club reach a larger audience and get more projects up and running. Where does one begin? Start by setting a date. Planning the

activities and publicising your event are must do's. Suggest to brainstorm a list of prospective members, and contact them. RSVP'S should be encouraged.

Recently while perusing my International Lions Forum site, I came across an item I thought has some merit and food for thought. and

I share the item written by Lion Daniel Marney Elkins...Quote.

"Libraries are the future of Lions Clubs.

Today I attended two separate lions Clubs meetings in two separate Libraries in Delaware.

Each took place on a Saturday.

Why? The majority of the membership of each of the two clubs are under the age of 50 and are still working full time jobs, so meeting on the weekend

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works best for their membership.

Each of the clubs met for free in a community room that the libraries had provided.

Neither of the meetings provided catering, so the focus of the meeting was all on fun, fellowship and business.

Children were welcome at both meetings.

Hybrid options were possible at both meetings.

One of the clubs built in a resume cover letter writing workshop as a service to the community - immediately after they concluded their meeting.

Both clubs talked about making partnerships with other organisations as one of the main focuses of their service.

Both clubs had random community members to see what they were doing and be interested in potential membership.

If you want to be part of the community, go where the community is.

Where do young families go?

The Library.

Libraries are looking to re-invent themselves.

So are Lions clubs.

It makes a perfect partnership". End.

Interesting article, worth considering?

What do you think?

A thought....

Who does not make their bed? Well, the number is probably larger than one would think, especially if you are not living with your parents anymore. But why start with the bed? *The point is, by making one's bed starts the day with a simple achievement, a simple victory over chaos. One thing has been*

done in the first five minutes of consciousness. This achievement, admittedly small and insignificant in the grand scheme of things, creates an accomplishment mindset and momentum that can be carried into the day's other activities. Strengthen your Lions District or strengthen your Lions club by "making your bed" or something significant like asking someone to join a Lions Club.

Lao Tzu, the revered Chinese philosopher, is credited with stating ... "The journey of a 1000 miles begins with a single step."

Communication is the key for our clubs and District. You could say it is the x-



factor for retaining and growing our membership. After all, a smart communication effort can create a feeling of community. It can build a sense of belonging. And it can boost member engagement.

When it comes to your communication effort, the ideal approach is to allow our members to engage with the tool (or tools) they feel most comfortable using. This improves the potential of them receiving communications and engagement.

Of course, from a club perspective, we'd like to command the members attention immediately - from virtually anywhere and anytime.

Does fulfilling our members

needs and getting what we want sound like a bit of a pipe dream? Not as much as you would think. What if we could have immediate access to the members?

Standby it is coming. More later.

Clubs and members need to communicate in a simple way and often. Good communication can help create a welcoming Club and member culture, where members are informed, understand club values, expected behaviour, and everyone feels safe, treated fairly and included.

MD is embarking on the Big Audacious Mission Programme and following is the latest statistics for your interest.

Progress Report 5

BAM! Great work everyone!

We are into March 2023 and today we are +200.

We have work to do on our BAM target with 95 more members to find to achieve our goal!

Well done everyone.

members
30K by 2030
50K by 2050

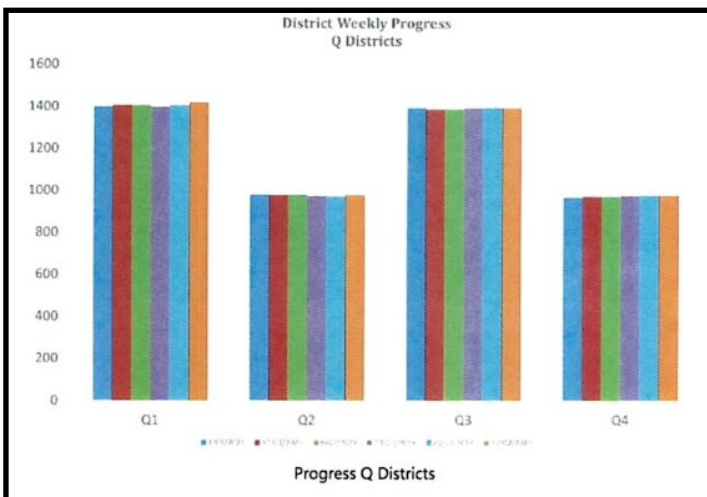
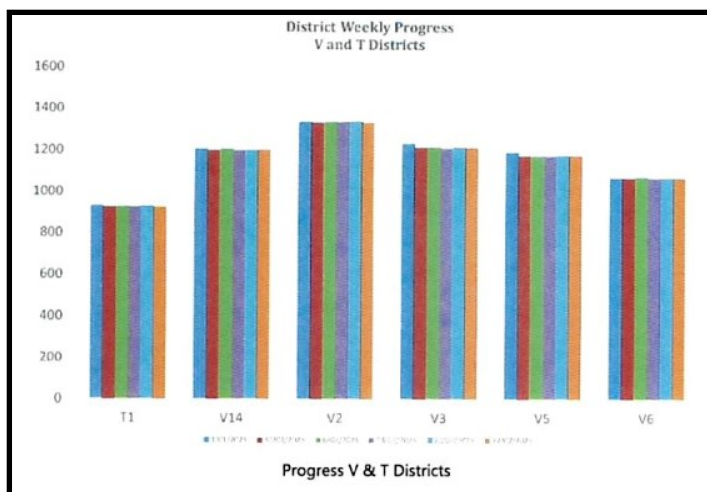
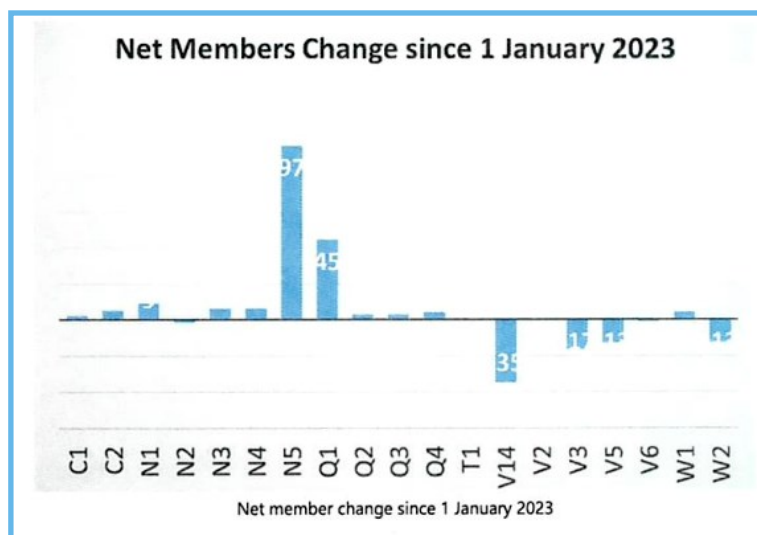
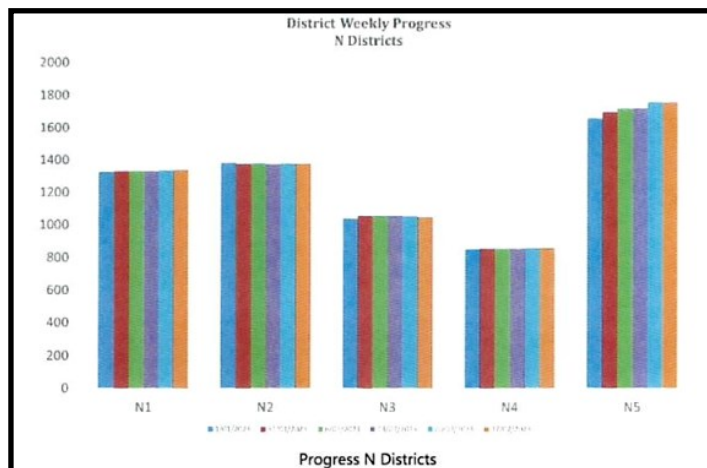
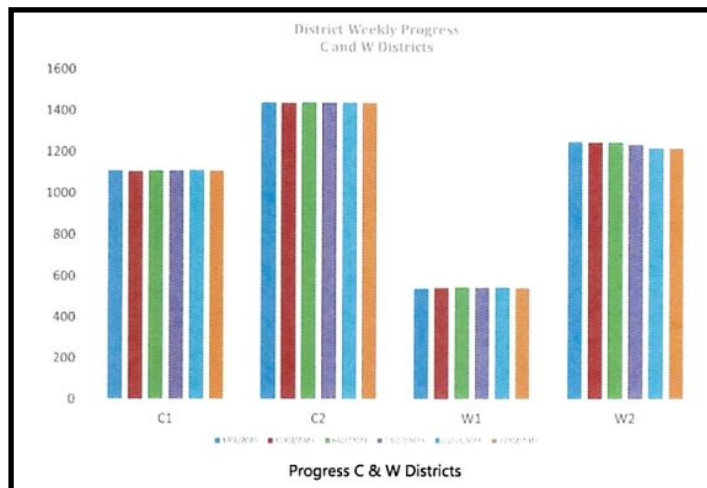
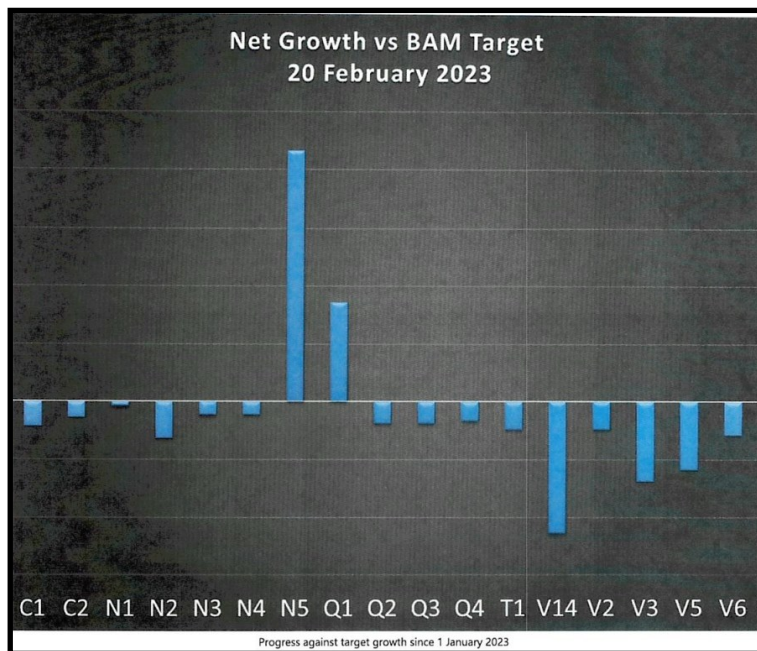
We, the Lions undersigned, commit to growing Lions to achieve the goal of the Big Audacious Mission:

**30,000 Lions in Australia by 2030...
50,000 Lions in Australian by 2050...
...and a new start for Lions in PNG.**

Our Pledge

Cont'd on page 3...

Cont'd from page 2...



Yours in Lionism

Paul Cairnduff / District Governor 201T1

See the need... Take the lead'



Club News & Activities



INDUCTION OF NEW MEMBERS AT THE LIONS CLUB OF KINGS MEADOWS

District Governor - Paul Cairnduff formally inducted three (3) new members at the Lions Club of Kings Meadows Clubrooms on Tuesday 21st March.



Pictured above is - Jon Newell, sponsor of Sandra Lethborg, Craig Edmunds and his sponsor Darrell Atkinson, DG Paul and Mary Cairnduff, and Judith Fox and sponsor Phil Robinson

Bicheno Lions Club

We recently held our Annual Community Charity event "Rock Pool" here in Bicheno on the 12th March.



This is the 19th year we have held this event. We had approximately seven-hundred and fifty (750) people attend to listen to a wide variety of music, with all bands donating their time to this event.



*More
"ROCK
POOL"
Photos
over
page...*



WANTED

**DISTRICT NEWSLETTER
EDITOR 2023-2024**

**If you are interested,
please contact -**

**DGE Rob Batchelor on
0419 383 932**

**All assistance will be given
to get you started in July.**



FOR MARCH 2023

Bridport

BRIDGET NEWMAN

Sponsor Ann Imrie

MARK WARD

Sponsor Ann Imrie

Huon

ALLYSON SCOTT

Sponsor Raylene Wooley

CATHERINE E TEMBY

Sponsor Kent Wells

Kentish

KEN DUNHAM

Sponsor Brian Harris

Penguin

YARNA TENNANT-JUETT

Sponsor Dale Crawford

Smithton-Circular Head

MELANIE SOWTER

Sponsor Anthony Hine

Ulverstone

STEPHEN DICKSON

Sponsor Graham Gleeson

CRAIG PURTON

Sponsor Bruce Dolbel

MICHAEL MCMULLEN

Sponsor Bruce Dolbel

Total 10 New Members

Welcome



LEHP-Australia
Lions Eye Health Program



**ST PETER CHANEL CATHOLIC PRIMARY SCHOOL,
SMITHTON, TASMANIA**

The Lions Club of Rocky Cape introduced LEHP into St Peter Chanel Catholic Primary School in March 2021.

The school and parents of the students have shown great support for the program over the past 3 years, and I hope will continue to do so. The teachers are awesome and attendance with their students at the screening makes everything run smoothly.



When running a program such as this, great care is taken by LEHP and our club to respect the privacy of the students and their respective parents, so other than at the screening, no contact with either students or parents afterwards is LEHP policy.

That does mean, unfortunately, that we receive little or no feedback as to the success or otherwise of the program in the school. Therefore, we have nothing to measure against to determine if our goals, or that of the school, are being met. Of course, it could be argued that as we have been asked to return each year, it means the school and parents are happy with the program!

The program involves four areas for screening: Visual Acuity, Colour Perception, Depth Perception and the camera which photographs the eyes to determine a number of additional visual problems which may be present.

We try very hard to get it right but there are times, of course, when LEHP results may not be perfect, but it is better to err on the side of caution than miss a problem which may impact a child's development because his/her vision is not quite as it should be.

Cont'd on page 7...

I own the world's worst thesaurus.

Not only is it awful, it's awful.

So what if I don't know what "Armageddon" means?

It's not the end of the world.

Don't you hate it when someone answers their own questions? I do...

"International Leo of the Year"

In an outstanding coup for King Island, Australian Leo of the Year, Leada Blackie, has been awarded the prestigious title of "International Leo of the Year". The exciting news came from Lions International Headquarters in Chicago, USA.

A medal and certificate is due to arrive in Australia later in May and Lions Tasmania hopes to be able to present them to Leada at an appropriately significant event.

Only one nominee from each Constitutional Area (country or group of countries) is accepted for the award each year, based on the following criteria -

- *Demonstrated outstanding leadership skills by holding Leo officer positions.*
- *Achieved a superior record as a Leo in implementing successful service projects.*
- *Made an identifiable contribution to the development and growth of the Leo Club Program by recruitment of 4 Leo members.*
- *Achieved distinction in community or school activities outside of Leo club commitments.*

In her application, Leada told how the Leo Club Program (LCP) had equipped her with an abundance of transferable attributes that align with the organisation's core values of Leadership, Experience and Opportunity.

"The LCP has undoubtedly prepared me well for my role as an officer in the Australian Defence Force."

Leada is currently studying an Arts degree in Canberra and is looking forward to some family time on King Island in April.

The Lions Club extends its congratulations to Leada and is extremely proud to have supported her through the Leo program.



Australian Leo of the Year Leada Blackie is pictured with her predecessor Kai Spence at last year's Melbourne convention.

Linda Payne / King Island Leo Advisor

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*Back: L-R Facilitators Anne Fagg and Dorothy Harvey
Front: Some of our Screeners - L-R Larry Kennedy & Tally Radford with Student Co-ordinator Brooke Lardner*



Anne Fagg
Facilitator - LEHP



Please be advised that the Lions Club of Perth (Tasmania) has changed its postal address to:
173 Fairtlough St, Perth TAS 7300

Pride in new Leos

King Island Leos welcomed six (6) new members in March, thanks to a recruiting drive made by LOTY Leada Blackie. Last December, Leada delivered an impressive PowerPoint display to her high school peers and took several names of interested students. These were followed up by Leo Advisor Linda Payne after school had resumed in February.

4 of the Leo recruits, accompanied by their special family member, made it to the March Lions Dinner. The Induction was conducted by Leo Advisor Linda, who presented the girls with their uniform (polo top and hoodie), a certificate and badge. The remaining two girls received their membership package at school.

Lion Linda advised that Leo goals include high morale standards, personal responsibility, an attitude of cheerfulness and an understanding that we serve those in need to the best of our ability. The new recruits did solemnly swear to uphold the club's goals and ethics and to have FUN doing so.

The Club now has 11 members, including Leada, (who remains on the books until her 19 Th birthday). Leada is now attending the Defence Force Academy in Canberra. 2 of the King Island Leos are attending Hellyer College in Burnie, where District Leo Chair Kellie Bryan will include them in local Lions activities where possible.

Lions Australia has a "Big Audacious Mission" regarding membership, but King Island has a mini Big Audacious Mission of its own - to take as many Leos as possible to the Melbourne International Convention in June 2024. Our Club is very keen to foster and develop our young members and we hope to fundraise over the coming 12 months to see our mission achieved.



Photo above: L to R: New Leos Amelia, Leila, Chelsea and Stella proudly show their certificates, supported by Leo Advisor Linda Payne, holding an example of the club's new polo shirts

King Island Leo Advisor
Linda Payne



The Chapple's Lifetime Membership

The Lions Club of St. Helens congratulate Derek and Janet Chapple for their many years of service to this Club and have granted them Lifetime Membership of the St Helens Club.

Their association dates back some fifty (50) years ago to 1972, when the Chapple family name appears on the Club's Charter member list.

The year Lions celebrated fifty (50) years in Australia, is also the year Derek took office as President, followed by four (4) more terms. Janet started in office as Secretary in 2009 and was later also a Club President.



Presentation left to right – Secretary Ursula Cassidy, President Angela Spooner, Lions Derek and Janet Chapple

So many projects including: establishment of the Senior Citizens' room (our Club holds their meetings here), establishing and maintaining the Lions Club Park, organising the local Christmas Parade, holding dinners and Christmas parties for residents at the Medea Park aged care facility, golf days, manning gates at the local football, running raffles, catering functions and weddings, outings to collect, chop and distribute wood to the elderly, are just a sample of the activities they participated in.

We are so proud to have such quality members who continue in our Club and

Cont'd on page 12...

Lions youth of the year

YOTY Club Final held a Brookfield Restaurant, Margate on Monday 20th March 2023.

3 Participants all aged 15 years of age entered and proved to be very knowledgeable re current social and economic issues.

- ⇒ **Sahansa Udawatta – The Friends School (Public Speaking Winner)**
- ⇒ **Remi Bischoff – St. Michael's Collegiate School**
- ⇒ **Shiloh Quilliam – St. Michael's Collegiate School (Overall Winner)**

Shiloh was the LCK Overall Winner and she then went on to represent the club at Regional level (South)... she won that as well. Shiloh now goes up to Port Sorell for the District Finals to be held on Sunday 2nd April 2023.

If Shiloh wins this event then will go on to represent District 201 T1 (Tassie) at the National YOTY Competition that will be held on the Gold Coast Convention.

Very positive feedback from students, parents and teachers about our club final. A special thank you to all who made the night what it was for these students.

Hester Van Niekerk

YOTY Club Coordinator



A Warm Welcome

PID Tony Benbow OAM
Host Committee Chairperson

The countdown is officially on for LCICON24 and it's time for the convention committee and our ambassadors to start spreading the word. It is such a privilege to be the host of a Lions International Convention which attract more than 14,000 delegates from all around the Lion world each year.

For any Lions or Leos in Australia who have never attended a National or International Convention, LCICON24 in Melbourne is the perfect time to do so.

This is a unique opportunity for our members to connect with Lions leaders, members and Leos from across the globe. Attendees are sure to be inspired, entertained and meet new friends.

The last time an International Convention was held in Australia was in Sydney in the year of 2010. Those of you who attended you will know first-hand the unique experience and privilege it is to host an event of this kind. We are sure our convention in Melbourne will be bigger and better than ever and an important part of this success is the support of you, our wonderful ambassadors. *In coming weeks and months we would love it if you could start spreading the word within your districts and networks particularly with new members who may not have been to a Lions convention before.*

There are some great opportunities to get involved. This is an incredibly exciting time for Lions in Australia and all Australians as we prepare to welcome guests from across the globe and come together to celebrate the magic of community service. **Myself and the host committee will continue to share updates with you along the way and cannot wait to work with you all on what we know will be an incredible event.**

Thank you for your support.

Convention Details

Save The Date

Friday 21st June 2024 – Sunday 23rd June 2024

Host City . Melbourne

Creativity and innovation come together to deliver real change and great events, exciting places to explore and cutting-edge advancements that are globally acclaimed. Explore Melbourne on foot or via its extensive transport network and discover its creative culture, expressed in its food, fashion, events, arts and music scene. For those wanting to explore further afield, the unique natural beauty of regional Victoria is just a short trip away.

Venue

Melbourne Exhibition & Convention Centre

Public Relations and Extension

Happy Easter to all Lions and families, hoping you have had a safe and happy Easter.

Lions as we come to the end of our Lions year some house keeping issues should be look at, are our road signs clean and in a prominent place, do we wear our uniforms at all Lions functions, are we promoting our clubs in the best way possible .

I have been busy promoting Lions on Bruny Island and it is a slow process but I am making progress. Over Easter Zelma and I will be attending a few functions and I always wear my Lions shirt so the residents know who I am.

A post box drop is about to happen to four-hundred and twenty-three (423) Post Boxes followed by an article in the Bruny News and letters to all the organisations on the Island.

Rod Wright





**Remember
MD Convention
is early this year!**

**28 April to
1 May 2023**

Register Now -
www.lionsmd201conv.com/



The Lions Leader

A series of Lions Policy and Procedure instructions and reminders for all Lions leaders from GLT Coordinator PDG Rob Mantach will feature each month.

IMPORTANT TAX CHANGES

In the 2021-22 budget, the Commonwealth Treasury announced that, from 1 July 2023, non charitable income tax exempt not-for-profit organisations possessing an active ABN will need to submit online self-review forms to the ATO to remain eligible for the income tax exemption.

Previously, not-for-profit organisations have not been required to provide their self-assessments to the ATO, or obtain confirmation of their income tax status.

The new measures are intended to enhance trust and confidence in the sector by increasing transparency around the exemption to ensure only eligible not-for-profits access income tax exemptions.

The self-review report process is not expected to be onerous and is likely to be similar to how not-for-profit organisations can already conduct their self-assessment.

From 1 July 2023, a failure to lodge the self-review report may trigger penalties under the ATO's penalty framework and loss of the not-for-profit's exemption from income tax.

While the new measures will add to annual reporting obligations, the ATO's confirmation of exemption may give comfort to not-for-profits from a compliance perspective, particularly regarding penalty con-

cerns should the organisation be subject to an ATO audit.

This new self-review process will likely apply to Lions Clubs, as Lions Clubs fall within the "Community Service organisations" group of self-assessing income tax organisations – refer links to, and extracts from the ATO website below.

The online system for submission of the self-review forms is still in development by the ATO, and there has also been no advice from the ATO to date regarding the lodgement deadlines for the online self-review forms.

Further information will be provided once details are available from the ATO.

If your organisation is not a charity, it can self-assess - if it is exempt from income tax, It does not need to be registered with the ACNC or endorsed by us to be exempt. To self-assess, you need to take the following steps:

1. Check the types of income tax exempt organisations.

Check the Types of income tax exempt organisations to see if your organisation fits within any of the types listed.

2. Check your organisation meets all the requirements.

If you think your organisation fits within any of the types of exempt entities, check the requirements for that entity type to make sure your organisation meets all the requirements.

For many of the exempt entity types, your organisation must be not-for-profit" and also meet the following conditions:

- pass one of three tests
- comply with all the substantive

requirements in its governing rules

- apply its income and assets solely for the purpose for which it is established.

A community service organisation is a not-for-profit (NFP) society, association or club established for community service purposes except political or lobbying purposes.

Your organisation will be exempt from income tax, and can self-assess its exemption, if it meets all of the following requirements:

- it is a not-for-profit society, association or club
- it is established for community service purposes (except political or lobbying purposes) • it is not a charity
- it meets one of the three following tests
- physical presence in Australia test
- DGR test
- prescribed by law test
- it complies with all the substantive requirements in its governing rules
- it applies its income and assets solely for the purpose for which it is established.

Purposes

The main purpose of the organisation must be community services. To work out your organisation's main purpose; look at your organisation's constituent documents; activities; use of funds and history.

Any other purpose of the organisation must be incidental, ancillary or secondary to the community service purpose.

Cont'd on page 12...

FREE ENTRY

 **Australian Lions Hearing Dogs**

OPEN DAY 2023

15th APRIL | 793 Mount Barker Rd
Verdun SA 5245



BBQ
Pancakes
Coffee
Market Stalls
Dogs
Kids activities
Training demos
and more!

10AM TO 2PM



This coming April is going to be a busy month for Australian Lions Hearing Dogs!

On Saturday, the 15th of April from 10am to 2pm, Australian Lions Hearing Dogs (ALHD) will be once again opening our doors to the public. Come to our National Training Centre in the Adelaide Hills for our Open Day and learn about the amazing work, dogs and services we do!

This is an exciting opportunity for you to get to know our dogs, puppies, our supporting partners, the development of our Medical Alert Program for people with type 1 diabetes, and so much more. There will also be a variety of market stalls, including food and beverage vendors as well as fun activities for the little ones!

Then, not long after that on the 19th of April is National Hearing Dog Day (NHDD)! The day celebrates the role that a Hearing Assistance Dog plays in the life of someone who is deaf and hard of hearing. Celebrate the day by sharing your story with us and on social media – as a recipient, a donor, a reader and supporter, or a friend!

You can also support us with the purchase of our snazzy NHDD shoelaces!

For more information on Open Day, or resources on how to get involved with NHDD, head to our website at <https://lionshearingdogs.com.au/events/> or <https://lionshearingdogs.com.au/hearingdogday/>.

You can also contact us at info@lionshearingdogs.com.au.

We are

Ordinary People
doing
Amazing Things

Come join us.





Daughter: Alexa play Let it Go.

Me: when I was your age I had to call the radio station, wait on hold for 30 mins to request a song, then sit by my boom box for an hour with a blank cassette tape for my song to play so I could record it.

Daughter: I don't know what that means.



PRESIDENT'S MESSAGE

Together we can with
International President,
Brian Sheehan

Dear Lion,

Like so many of you, I'm proud to carry on my family's legacy as a Lion. But today, we're doing things a whole lot differently than my grandfather did. That's because innovation is such a huge part of our tradition, and it's how we've met the changing needs of our communities for generations.

Innovation is about embracing new ideas, new service and new ways of connecting with our communities—and it begins with each of us. So let's keep thinking about new ways to innovate. Because when we ensure that our tradition of service is as vital today as it ever was, we not only honor our past, we create a brighter future for our communities and our world.

Make a great day,
Brian Sheehan
International President

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we are honoured to have given this Lifetime membership in recognition of their dedication to Lions.



Raising Funds for the Homeless in St Helens - Lions Left to Right Nicole, Ursula, Greg and Chris lending a helping hand

President Angela Spooner &
Secretary Ursula Cassidy
Lions Club of St. Helens



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Community service purposes are altruistic. This means they are established and operated for the wellbeing and benefit of others.

Community service organisations promote, provide or carry out activities, facilities or projects for the benefit or welfare of the community or any members who have a particular need by reason of youth, age, infirmity or disablement, poverty or social or economic circumstances.

More information is available from the Lions Australia website and the ATO website

Regards
IPDG Rob Mantach
District GLT Co-ordinator



Our District Count

31 March 2023

Clubs: 48

Membership: 934

Membership @ 31/03/22 : 937

YTD ADD 85

YTD DROP 81

YTD NET GROWTH 4

YTD NET GROWTH % 0.43

Status "Transitional"
(24 mths)

1. The hardness of butter is directly proportional to the softness of the bread
2. Diplomacy is the art of letting someone else get your way
3. If at first you don't succeed, don't try skydiving
4. If Barbie is so popular, why do you have to buy her friends?
5. Stop repeat offenders Don't re-elect them!
6. I intend to live forever - so far so good
7. Who is "General Failure" and why is he reading my hard disk?
8. What happens if you get scared half to death twice?
9. Energizer Bunny arrested; charged with battery
10. I didn't use to finish sentences, but now I
11. I've had amnesia as long as I can remember
12. Bills travel through the mail at twice the speed of cheques
13. Vacation begins when Dad says, "I know a short cut"
14. Evolution: True science fiction
15. What's another word for Thesaurus?
16. Everywhere is walking distance if you have the time
17. A flashlight is a case for holding dead batteries

T1 TOP CLUB WINNER

Kings Meadows Lions has submitted the winning District T1 entry and a requirement is that the entry be publicised in the District newsletter.









P. Vere Cooper

D-GST T1 Coordinator

LIONS CLUB OF KINGS MEADOWS TOP CLUB SERVICE PROJECT ENTRY 2023

| | |
|------------------------|--|
| Multiple District: | 201 |
| District: | T1 |
| Club Name: | KINGS MEADOWS |
| Club Number: # | 22358 |
| Project Name: | SANDHILL RESIDENTIAL AGED CARE - SUPPORT |
| Project Manager: | DENNIS MANN |
| Project Manager Email: | Dennis.mann1912@gmail.com |
| Project Manager Phone: | 0419 537 692 |

Project Alignment: please indicate which of the following Lions International cause areas your project aligns with –

| | | | | | | | |
|---|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes | Environment | Hunger | Vision | Childhood Cancer | Youth | Humanitarian | Disaster |

Provide details of the Club involvement, the impact your project has had on the Club and the community you serve:

Our association with Sandhill started approximately three years ago, when we were asked to make a donation to help purchase some specialised interactive equipment.

Our club investigated and donated funds, and as part of that interaction, we were then asked to continue our association by forming a small group to visit the facility every fortnight and help in activities - some of which are surprisingly energetic.

The original equipment we helped purchase is a Tovertafel. It's an amazing piece of interactive technology from Holland that is proving to be a game changer in helping people maintain skills and assist living with the onset of dementia. Residents are enthralled by the colorful and everchanging patterns projected onto a work table. Care staff have been especially trained in using the facility.

Members have actively teamed-up with elderly residents using the Tovertafel. They've also taken part in a number of other activities within the facility, such as – playing scrabble, helping with jigsaw puzzles,

Cont'd on page 14...

playing eight-ball, taking part in the group exercises, going with residents on visitations to shows etc., and individual activities, such as totem-tennis, or walking residents outside the facility

On a more individual level (see attached photos) where Lion John usually has an exhausting time playing totem tennis in the patio, while Lion Angela often takes residents for a walk or a trip around the courtyard gardens by wheelchair. Lion Phil is popular for a group chat or a game of scrabble and also takes one of the more active residents for long walks. There's also a "Men's Shed" where we helped to make a very impressive papier-mache elephant. We also staff the coffee shop where Lion Dennis catches up with "the news".

The "drumming" activity is very popular. Each person sits down with a large rubber ball and a pair of sticks and follows a very lively video. Exercises are led by a staff member and lasts about half an hour. It provides excellent opportunities to improve breathing and general coordination. Lions Darrell, Dennis and Angela are seen "having a go"

Has the project been completed, or is it still on-going? (Please provide any detail)

This project is on-going. While there's been some difficulties attending from time-to-time because of Covid issues inside the facility, and/or when they were concerned about the potential ingress of Covid from outsiders. This had only stopped us from visiting for a few weeks. Of the Lions visiting team, there's been a regular 4 – 5 members taking part.

Feedback from the facility is encouraging. Residents have indicated that they value our involvement, and look forward to our visitations. They welcome the opportunity to mix with people from outside their facility.

We really enjoy taking part in this community project. We may only visit once a fortnight but we all feel welcome and have a terrific satisfaction in meeting and helping out our senior citizens in whatever activities we can.

The Club members continue to take part in this project. It's a simple project, but we've been assured that it provides residents with an opportunity to have a regular visiting friend or someone to take part in an activity.

How many people have been directly served as a result of the project? (Must be quantifiable)

SANDHILL Care Home in South Launceston is part of the Calvary Group. It's a very modern building with state-of-the-art facilities catering for 132 residents in individual rooms.

Our group has impacted on the majority of the residents by direct interaction with their activities, or in some cases by simply socializing over a cup of tea.

Cont'd from page 14...

What date was your project entered into MyLion? ...23.../...11.../...2021.....

THE FACILITY



SOME OF THE ACTIVITIES



Lion John at the totem tennis



Lions Darrell and Phil at the exercise drums



Cont'd on page 16...



Lions Dennis at the exercise drums



Lion Phil going for a walk



Lion Darrell and Angela at the Tovertafel



Lion Dennis having a cuppa

Please include a Power Point Presentation, video or other visual presentation which includes any publicity, articles written, photographs or advertising supporting your project

APPLICATION RECEIVED BY DISTRICT

03 / 07 /2023

DISTRICT JUDGING COMPLETED

____ / ____ /2023

APPLICATION RECEIVED BY MD

____ / ____ /2023

MD JUDGING COMPLETED

____ / ____ /2023



Lions are active. Our motto is "We Serve". Lions are part of a global service network, doing whatever is necessary to help our local communities. For more about Lions Clubs, go to www.lionsclubs.org

DISTRICT NEWSLETTER 20111

Copy for the newsletter is required on or before the tenth (10th) of the month of publication.

It is preferred that articles be typed and then submitted for publication by e-mail.

Please forward (where possible) photos and newspaper cuttings with your article.

Scanned images should be of high quality (300dpi).

Deadline for next issue is: MAY 10th

DIABETES FORUM

09:30 TO 14:30 APRIL 27 2023

Mantra on View
22 View Avenue
Surfers Paradise 4217

GUEST SPEAKER

RAY KELLY

Exercise physiologist,
Too Deadly for Diabetes
PhD candidate,
The University of Melbourne

GUEST SPEAKER

**RENZA
SCIBILIA**

Diabetes advocate,
JDRF International



All welcome

Morning Tea
& Lunch Provided
\$70 per person

Contact

Pat Mills 0408753266
pam_tom1@bigpond.com



If you're interested in attending, please contact DG Paul Cairnduff to advise and organize



**Lions Clubs International
FOUNDATION**

Tornado destroys communities in Mississippi, USA

LCIF grant funding will empower Lions to help storm victims recover.

On the evening of Friday, March 24, strong storms and a tornado hit southeastern sections of the USA, leveling communities in Mississippi. So far, 26 people have been killed as a result of the storm and dozens more have been injured. The mayor of Rolling Fork, Mississippi reported their entire town was destroyed after enduring sustained winds of 170 miles per hour.

When a natural disaster strikes, we, as Lions, are ready to help. Right beside us is Lions Clubs International Foundation (LCIF), our global foundation. LCIF is mobilizing funds, including a US\$50,000 Major Catastrophe grant and a US\$10,000 Emergency grant to empower Lions in District 30-M, Mississippi to help their communities recover.

**Your donations make a difference when
communities are impacted by natural disasters.**

HELP NOW 0

Your generous donation to LCIF's Disaster Relief Fund, specifically reserved for all disaster relief, helps Lions continue to serve!

To learn more about LCIF Disaster Relief grants, visit
lionsclubs.org/disastergrants or email
LCIFGlobalGrants@lionsclubs.org.

*100% of donations benefit grants and programs and qualify for Melvin Jones Fellowship (MJF) or Progressive MJF.

The Last Word...

"Every morning I tell my family that I'm going jogging, but then I don't go. It's a running joke!"