



Vol 41 No 10 April 2016

Lions Clubs International Newsletter Editor: John Salmon Ph: 03 6291 1278 Email: editor@lionstasmania.org



"We join a club because we realise we can accomplish so much more than we can on our own"

Rd. Jitsuhiro Yamada"

In March I visited King Island with PDG Cab/Sec Robin Pulford. We attended a very enjoyable Club meeting and was able to talk with the members. I presented Lion Jan Strickland with her 20-year Monarch, *(see photo below)* she was the first female member of the King Island Club, wife of the late well known Lion Dick and now she has the company of other female Lions. We also had a meal and meeting at Lion Jan's home, to talk to some new Lions and



incoming Board members. Thanks to Lion Linda Payne for her hospitality and being our chauffer.

By now all Clubs should have elected their new Board 2016-17, completed the PU101 and returned it to the Cab/Sec.. *Remember current Secretaries are also able to enter the New Board information on the MyLCI site.*

I am continuing the importance of attending the "Club Leadership Development Forum's".

The dates for the different areas was in the March Newsletter. GLT Lion Anne Fagg has been busy with the new District printer and has produced a package with the information on all portfolios for each Club to be kept in the Clubs and used as a Club Recourse.

Membership remains a concern within the District.

Current total of new members YTD = 80 but dropped = 88. I am asking all Clubs to engage in March - May 2016 Membership Campaign to promote Lions and try and gain a new member.

GMT Lion Amanda Olson has suggested Clubs join with MD Childhood Cancer Research and hold "Biggest BBQ."

The reporting on the MyLCI site by some secretaries remain very poor. On the monthly LCI report it looks as though their Clubs do no activities or donations, on my club visits I found out this is not true and most of the Clubs are very active, <u>so</u> <u>please secretaries remember that doing</u> <u>your MyLCI reports is a record and are as important as going to the meeting a</u> <u>doing the minutes for your Club records</u>.

All Clubs in the near future will be receiving a Letter from the LC of Hadspen South Esk requesting a donation towards the Deaf Camp in November. It is supporting and brightening the outlook of Deaf Children from all over the State.

This is a very worthwhile project and as part of a Centennial Project We can make a difference.

The next big event is the MD Convention in Echuca, thank you to all the Lions who contacted me and booked for the T1 combined with V3, I have booked for 40.

Looking forward to a good night!





Every Lion impacts the lives of 50 people annually.

That means together, Lions around the world serve millions people each year.

Imagine the difference your club can make in your community when you ask one

family member, friend, or neighbor to join you in service. It's that simple.

Since last July, over fifty-one thousand (51,000) Lions have invited for impact and asked a new Lion to join their club.



Visit the Ask One page today for resources and ideas on how you can expand your club's impact.



Cover DG Report

- 2 New Member Kits
- 2 New District Online System
- 3 2016 201T1 District Convention
- 3 Vale Lion Jack Becker
- 4 Regional Lions Learning Institute
- 5 For Your Club Diary
- 6 Welcome to the Lions Family
- 6 ALCMF Ellen's Story
- 7 Family Genetics Part 1



New Member Kits

New member kits are distributed by the Club Supplies section of the National Office according to policies established by Lions Clubs International.

The policy, in brief, is that kits only be issued to a club when an induction is scheduled and the name of the inductee known. This is to control the costs associated with printing and distribution of the kits.

Lions occasionally try to pressure National Office staff to relax these rules, particularly when we are active in recruitment. *I certainly understand the desire to have kits available for inductions, however, we are simply applying the rules set by others.* The potential consequence of issuing kits in large numbers to Lions, 'just in case' they are needed, will be that our supplies will be exhausted.

In that event, LCI will only issue new kits to us if they find that the number of kits issued match the number of inductions held.

Rob Oerlemans Executive Officer Lions Australia





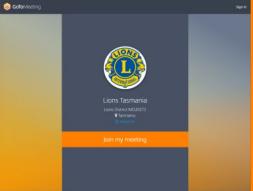
YOTY Contestants at Sorell



LIONS TASMANIA

New Online Conferencing System

The District now has an online conferencing system. Known as <u>'Go To Meeting'</u>, it enables us to hold meetings and presentations on the web.



There can be up to twenty-five (25) participants in a meeting who can share audio, video or presentation material.

The purpose of the system is to cut down on travelling and the time associated with that. It will be of particular benefit to District and Regional officers, but can be used for any kind of Lions business or training.

All conferences start online at: www.gotomeet.me/LionsTasmania

For enquiries or to request a meeting be scheduled,

contact the District IT chair, Stuart Greig: email: goto@lionstasmania.org

Top photo: Overall & Public Speaking Winner Isobel Kuo with Sorell President John Skinner

Bottom Photo: Contestants Isobel Kuo & Charlotte Kenny



Around the Clubs/District

ROCKY CAPE

Zone Chairman Derek Putt presented Craig Williams with a TLF* Fellowship and commenting on the extra effort and continuous involvement in community affairs from Lion Craig from the beginning of the Club.

Our congratulations go to Craig, a Charter Member of the Rocky Cape Lions Club.

Well done! *Tasmanian Lions Foundation



HOBART TOWN & SORELL

During March and Sorell Clubs were privileged to hold Club YOTY Finals.

Both Clubs were very impressed by the high quality of entrants all of whom were outstanding students.

The two events were great nights, with every aspect going extremely well.



YOTY Contestants at Hobart Town



March – May 2016 Membership Campaign

In conjunction with the Lions Childhood Cancer Research the "*Biggest BBQ*" is being held across Australia for our <u>March – May Membership Campaign</u>

Clubs don't forget

when you are selling sausages at your Childhood Cancer Research "Biggest BBQ" to please seize the opportunity while people are waiting to buy a sausage to promote Lions and encourage people to

join our wonderful organization.

If you require Lions pamphlets or promotion material please don't hesitate to contact me.

Amanda Olson Mobile: 0419 357 190 *Email: amandaolson@bigpond.com*



<u>New Centennial Video:</u> Peace & International Understanding

(find it @http://www.lionsclubs.org/EN/ news-media/videos/centennial.php?

Since its founding, Lions have dedicated themselves to building peace and international understanding across borders and generations. Watch the newest Centennial video to learn how Lions' reach has grown across global communities over the past 100 years – from raising money for Belgian orphans in 1919,

Lions' first involvement with the United Nations in the 1940s, the first Lions International Peace Poster Contest in 1988, and recent support of the U.N. Millennium Development Goals and the Sustainable Goals. Most Centennial videos are now available with subtitles in eleven (11) languages.

Download and share with family, friends and Lions today!

2016 201T1 DISTRICT CONVENTION

As you are all probably aware by now, this years' 201 T1 District Convention is being hosted by the Latrobe Lions Club, with assistance from Port Sorell, Devonport/Mersey and City of Devonport Clubs.

The Convention dates are <u>11th-13th November</u>,

so set those days aside in your calendar and come and join us for what promises to be an interesting weekend.

At Latrobe we do not have the luxury of a venue such as the Police Academy utilized at last years' Rokeby meeting, however we are using a single venue -The Latrobe Memorial Hall - which is situated in the heart of town and will be.

Latrobe is a vibrant town, rich in history and boasting a number of Antique and Collectables outlets, the Axeman's Hall of Fame situated in the beautiful Bells Parade and is also the Platypus capital of Australia (see below - even of the world?). Other popular local attractions include the Cherry Shed and the House of Anvers Chocolates.

There are also a number of walking tracks for the outdoor people, both short and easy plus the longer and harder ones, so there's plenty to do and see for the partners whilst the Business Sessions are in progress.

The Convention Committee has been very active with the basis of the convention program already in place which includes at least three local and very interesting Guest Speakers.

In my next update, I'll include some of the accommodation available, however, I encourage you to contact the Latrobe or Devonport Information Centre and reserve your accommodation as soon as possible.

Until then Kevin Moulden Chairman LATROBE Platypus Capital of the World



TASMANIAN LIONS FOUNDATION

Next meeting of the Foundation is to be held on

24th April 2016

Any Club who may wish to submit an application please have it to the Secretary no later than

20th April 2016

along with any other matter you wish to be discussed.

By now you will have received a notice from me asking you to consider purchasing a TLF Fellowship award. If you have person in your community that is good to you and should you wish to acknowledge him/her, you can purchase a reward. Rewards can also be made to Lion members.

If at this time you do not wish to purchase an award then I would ask you to consider making a donation to enable us to continue to being able to assist Clubs who may require a grant to meet a need within their community.

We ask that you support your Foundation because sometime in the future you may need assistance.

Should you wish to know more about your Foundation and its workings we have Trustees who will be pleased to come along and be a guest speaker.

Until next month, Regards to you all. **Peter Burke** Secretary



Vale

John (Jack) Becker Rosebery Lions Club

It is with regret that we let you know our Member Lion Raymond John (Jack) Becker has passed away doing what he loved, he had walked down to Stitt Park (his baby and project) and passed away there.

He is survived by his wife Ann, and Daughter Sharon, a Son & Granddaughter Zoe.

He had been a Lion since 3rd Sept 1997 – in that time he had served as Vice President 1, 2 and 3, Membership & Caravan and Marquee Chairperson, 1st year and 2nd year Director.

Ruth Kearney-Mawer



LIONS TASMANIA

Regional Lions Learning Institute - March 2016

My name is Gwen Henebery, a happy new member of Glenorchy Lions Club!

I recently attended the Regional Lions Learning Institute held at the Bankstown Sports Club in Bankstown NSW, with another thirty-four (34) attendees from other Clubs around our Nation.

We had such a great bonding experience and learnt some very valuable information; from learning how to embrace members, to five (5) keys to an effective presentation. Also, some assignments to prepare and present on the weekend. One of assignments was to run a stall to showcase a project that our Club is involved in. I chose to do mine for the Lions Hearing Dogs.



I would like to take this opportunity to express gratitude to *Lion John Chate (Chairman for the Lions Hearing Dogs, NSW).* Lion John spent time with me sharing valuable information about the project (before the weekend), and handing over some merchandise to have on my stand, and when the time came, he drove to our venue in full uniform and supported me.

The attendees all showcased different projects which showed the diversity and passion that individual Lions have. Having the idea, seeing it come to fruition, with the Club supporting them, they have

been able to service a need. It was heartwarming and inspirational to see normal people like you and me do things, big or small, that make a difference to peoples lives.



District Governor Elvio Munzone graced us with his presence for a welcome and introduction, and also shared a meal with us at our mock meeting.

All of us came away with new ideas and inspiration for Clubs, as well as new motivation for our own lives. Everyone participated fully and all were willing to share their own experiences. For me, this learning experience has increased my confidence and capabilities in both my personal life and well as my Lions journey.

A special thanks to our facilitators on the weekend, Lion Tim Irvine, Lion Lesley Lyons and Lion David Robson and to all my newly found Lions in 'Bankstown Leadership Lions' - you are all awesome!

A special mention to both T1 District GLT Co-ordinator Lion Anne Fagg and to Lion David Triffett for their guidance.

Take a moment to think about where you would like your Lions journey to take you, find the road, and GO!



DISTRICT STAMP COLLECTING

Many thanks to all Lions who sent stamps this month. Your efforts are most appreciated and with the generosity of your time and effort you have the satisfaction of knowing how worthwhile is this project. Not to mention that you are helping to give a child a better way of life.

Keep it the good work!

For those Lions who do not contribute to this project, I do hope you read my article last month and do hope you can assist us in making life a little easier for those less fortunate than ourselves.

We all have access to many people, businesses, schools etc., so please give it a 'shot' and I believe you will surprised at the response.

It could also find you a new member.

Remember, where there is a need there is a Lion.

All stamps can be posted directly to me at 11 Camina Court, Riverside TAS 7250

or handed to a Cabinet Officer who will get the to me.

N.B. Remember, if you have a large parcel of stamps, the cost of postage can be reimbursed through your Activities Account as all funds raised from this project go the Lions Mobility Foundation.

Thanking you in anticipation...

Kind Regards **Peter Burke** Co-ordinator Riverside Lions Club



City of Burnie Lions Club seek expressions of interest for the purchase of their **Food Van.**

The van operates with two large BBQ plates, bench top gas hobs x 2, full size fridge and gas hot water system with double sink.

Enquiries: burniecity@lionstasmania.org





 29 February 2016

 Clubs:
 50

 Membership:
 1243

 31 March 2016

 Clubs:
 50

 Membership:
 1247

 YTD ADD
 81

 YTD DROP
 88

 YTD GROWTH %
 - 0.56

Status: "Established district"

Konnichiwa!

The 99th Lions Clubs International Convention will be held in the charming City of Fukuoka, Japan, June 24th – June 28th, 2016.



Fukuoka is a well-balanced harmony between the old and new. Historically, it is the merging of two cities; the port city of Hakata and the former castle town of Fukuoka were unified.

Fukuoka is the home of the oldest Zen temple in Japan and is well known for its gourmet food.

Fukuoka City is also the pioneer in using reclaimed water; its urban vitality and heartfelt hospitality are just some of the reasons that make Fukuoka City a wonderful place to visit.

Lions from across the globe represent a 'guiding light' in their promise to simply serve those in need.

LCI's convention offers a once-a-year opportunity to meet together to discuss the important matters of the day that will form the future of our association, and to create new friendships along the way.

Make plans now to join us for an experience to remember!

The Lions Trailer

available for borrowing March - May Membership Campaign is an ideal time to use it and promote Lions To arrange the use of it Contact: Amanda Olson: Mobile: 0419 357 190

Email: amandaoson@bigpond.com





FOR YOUR CLUB DIARY

NOTICE OF CLUB LEADERSHIP DEVELOPMENT FORUMS 2016

NORTH

Launceston 10.00 a.m. – 12 noon Saturday 21st May at Brooks High School

RSVP & Enquiries: GMT Co-ordinator Amanda Olson Mob: 0419 357 190 Email: amandaolson@bigpond.com

NORTH WEST

Wynyard 9.30 a.m.-1 p.m. Saturday 28th May at St Brigid's Primary School, Jackson Street

Latrobe 9.30 a.m. – 12.30 pm Sunday 29th May at Latrobe Primary School, Lewis Street

WEST COAST

Rosebery 10.00 a.m. - 1.00 p.m. Sunday 19th June at the LC Rosebery premises

RSVP & Enquiries: GLT Co-ordinator Anne Fagg Mob: 0439 027 037 Email: amf6388@gmail.com

SOUTH

Hobart 9.30 – 1 p.m. Sunday 29th May at the Community Centre, Springfield

RSVP & Enquiries: 1VDG Hester Van Niekerk Mob: 0428 127 968 Email: hestervan@hotmail.com

GLT Co-ordinator Anne Fagg GLOBAL LEADERSHIP TEAM

The graveside service just barely finished, when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance. The little old man looked at the preacher and calmly said, "Well, she's there".



WELCOME TO THE LIONS FAMILY

MARCH 2016

Brighton Christine Gimblett Sponsor: Janet Fedczyszyn

Burnie Emu Bay Alec Wrankmore Sponsor: David Cooke

Deloraine Beverley Park Sponsor: John Canterford

Glenorchy City Eileen Judd Sponsor: Mary Langdon

Huon Ian Tyson Sponsor: Kent Wells

Michelle Tyson Sponsor: Kent Wells

Kings Meadows Stephen McCarthy Sponsor: Judi Gorham

Launceston Windmill Hill Helen Djonlija Sponsor: Derryl Hill

Nik Djonlija Sponsor: Derryl Hill

Legana District Patrick Ball Sponsor: Marilyn Pynt

Lilydale Peter Wilkins Sponsor: Stephen Griffin

Ulverstone Eric Van Der Neut Sponsor: Philip Viney

Wynard Raymond Schiller Sponsor: David Johns





I would like to share another of our successes in Tasmania this time from Hobart.

Ellen (not her real name) is 2½ years old and lives in a suburb of Hobart Tasmania.

Ellen had no diagnosis and presented with central weakness (hypotonia) and uncontrolled dystonic type movements. She was unable to mobilize no greater than one metre on the floor by pivoting on the spot.

A request was sent for the purchase of a Second Skin Suit. The suit would provide her more stability and dampen her uncontrolled movements. The suit will hopefully provide proximal stability and distal control to facilitate crawling and then lead into standing and stepping with support of a frame.

Ellen had no independent mobility which was a constant source of frustration for her. This second skin stability suit will hopefully, with input of physiotherapy also, can achieve a form of independent mobility for her.

The fitting out of the body suit which has supports built into it will allow her to gain strength in her lower body to eventually become independent with the help of a frame.

I approached two Lions clubs in the Hobart area for assistance to raise the funds needed.

Both Clubs, Hobart Town and Kingborough offered assistance, but Hobart Town gratefully donated the full amount required first and I went with them. The generosity of our Lions Clubs is amazing.

Below is how Ellen may be like BEFORE and AFTER with her Second Skin Suit. (ADULT PICTURE FOR DEMONSTRATION)



Postural Splint

Postural Splints are designed to address significant postural, spinal and pelvic asymmetry associated with scoliosis, kyphosis, lordosis and spinal tortion. These splints provide improved postural symmetry and stability at the trunk, pelvis and shoulder girdles, in addition to improved spinal alignment.

Thank you Lions!

Does your Club need a good cause to donate to?

If you can say yes to this questions I am ready t<mark>o m</mark>ake your wishes come true....

PDG George Bugeja - Tasmanian Trustee Australian Lions Children's Mobility Foundation

STRICT NEWSLETTER 201T1

Copy for the newsletter is required on or before the tenth (10th) of the month of publication.

It is preferred that articles be typed and submitted for publication by e-mail or CD/DVD. Please forward (where possible) photos and newspaper cuttings with your article.

Scanned images should be of high quality (300dpi).

Deadline for next issue is: MAY 10th

FAMILY GENETICS -WHAT YOU SHOULD TELL YOUR FAMILY

Medical conditions are often passed down through families. So, what information should you be passing down the family tree?

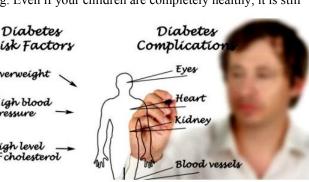
There are two ways genetic disorders are passed down through families. A faulty gene, which directly causes a problem either at birth or later in life, can be passed from parent to child. Or a faulty gene, which causes genetic susceptibility, is passed on. Environmental factors such as diet and exposure to chemicals can then combine with this susceptibility to cause a disorder.

What should you tell your family about your health?

The short answer is everything. Even if your children are completely healthy, it is still important to tell them

about your health history, as they can develop disorders later in life, or

Risk Factors pass the faulty genes on to Overweight their children. If you feel uncomfortable, writing it High blood down in a clinical list can pressure help you to have a clear. open discussion about any health issues which may High level of cholesterol



affect them. Just because you have a health issue does not

mean you will always pass it on to your child. It can simply make your child more likely to also suffer from it. Likewise, not all of our health problems are passed on from our parents. When you sit down and make a list of your health issues, think about things which affected you when you were both a child and a teenager, as well as in your adult life.

Some health problems which you should tell your family about include:

- Heart conditions
- Diabetes
- Thyroid and other hormonal problems
- Mental health problems, including depression
- Extreme menopause symptoms
- Arthritis
- Autoimmune disease
- Cancer, especially breast and prostate cancer. Scientists now believe that if a father has had prostate cancer it increases his daughter's chances of getting breast cancer, and the reverse for mothers and sons. It is important not to let gender stop you from telling your family about a problem.

This list is by no means exhaustive. It simply shows how your genetics can increase your likelihood of getting many of Australia's most common health problems.

Continued next issue.....

Why we love kids...

As a little boy was doing his math homework, he was saying to himself, "Two plus five, that son of a b**ch is seven. Three plus six, that son of a b**ch is nine," and so on.

His mother heard what he was saying and gasped, "What are you doing?

The little boy answered, "I'm doing my math homework, Mum."

"And this is how your teacher taught you to do it?" the mother asked.

"Yes," he answered.

Infuriated, the mother asked the teacher the next day, "What are you teaching my son in math?"

The teacher replied, "Right now we are learning addition."

The mother asked, "And are you teaching them to say two plus two, that son of a b^{*}ch is four?" pppst.com

After the teacher stopped laughing, she answered, "What I taught them was: two plus two, THE SUM OF WHICH, is four."

The Last Word... "Nobody is perfect, until you fall in love with them!"

A single act of service can change a life.

But, when

1.35 million

Lions members come together to serve, we can change the world!

Proud to be a Lion!

MAIN