

# LIONS TASMANIA

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2017 \_\_\_\_

Vol 41 No 12 June 2016

Lions Clubs International Newsletter Editor: John Salmon Ph: 03 6291 1278 Email: editor@lionstasmania.org



"Lionism gives you the opportunity to preform deeds that as an individual would not be possible."

This is my final contribution to the T1 Newsletter as your District Governor and I will have chaired my final Cabinet meeting on Sunday the 5<sup>th</sup> June.

I have truly enjoyed the experience of being the District Governor, thank you to the Clubs I have visited, for making me so welcome and being able to say hello to many of the Lions members. I learned a lot about each Club and their involvement in Lions and the high profile big or small Clubs have in the community.

The diverse ways Clubs have of raising money and doing projects are amazing and I liked it when I heard Clubs had joined together to reach a goal.

Membership in our District remains a concern, we are gaining new members slowly but our retention is poor.

I think all Lions have to embrace Club Care and not only look to helping those in the community. As I said during my visits our Lions are also part of the community and at time need extra help and care.

We need leaders in our Clubs and District. I encourage all Lions to think about putting your hand up, by taking on positions in your Clubs and District. It will be very rewarding and you will also gain and increase your knowledge.

Thank you to <u>GLT</u> coordinator Anne Fagg, <u>GMT</u> coordinator and 1st VDG Hester Van Niekerk, who have both been working hard to organize the <u>Club Development Days</u> in all areas. I hope all Clubs have sent members, these

sessions are for all Lions old or new, to gain more information to assist in having strong and well run Clubs.

Thank you to all Clubs who assisted the Lions Club of Albany "Hope in a Boat" raising money for <u>Diabetes Research</u> by rattling the tins and supplying meals. I know the Clubs in the South enjoyed the fellowship, as they joined together to help. Diabetes in Australia is large problem in all communities and a big impact on our Health system.

At our November Convention we passed a motion to assist Autism Tasmania in their project "Towards a Brighter Future." Clubs will be asked to make this voluntary donation in with their next Dues payment.

I hope all Clubs will assist with this donations, as in our District we have many families who are affected by Autism.

I have just returned from the MD Echuca Convention. The day we arrived the drought broke it bucketed down, Then I heard 'Tassie' had some good rain, so I didn't grizzle too much! The DG's had the Mayor's welcome to the city on a boat on the Murray River which looked a little sad as the water was so low.

It was good catching up with old friends, it was very relaxed Convention all round, with lots of fellowship. There was not a lot of business and but some of the motions did cause some debate! CEO Rob Oerlemans will send copies of the motions and results to all Clubs in due course.

There is also a move to change the DG's uniform (<u>I know it's been going on for years!!</u>). But it moved on a little further with the current Governors on the Saturday, asked to wear variations of a new uniform. I wore navy slacks, jacket, white blouse and the International President's scarf and black accessories. There were many and varied comments. I think it will come up in the future at an MD Convention...!

Unfortunately, we are still looking for a Club to Host the 2017 Convention. Please give it some thought. Over the last few years all our convention have been hosted by Clubs joining together to share the workload, and make thing easier.

Best wishes to DG Elect Michael Walsh and his new Cabinet. I hope they have a very productive and fulfilling year.

Thank you to all the Lions who served on my Cabinet. I appreciated that you have all dedicated extra time to Lions in carry out the work of your portfolios.

In the future I hope to continue my involvement assisting all Lions and Clubs in any way - <u>simply ask!</u>

A special thanks to Lion John Salmon who is retiring as Newsletter Editor, for all his work over the years in producing our very professional and informative Newsletter.



#### From the Out-going Editor

Thank You to all Lions who have supported and encouraged me in the production of the District Newsletter over the years. I want you know how appreciated you and your comments were.

It has been a privilege to serve Lions in this way and I now hand over the Editorship to Linda Payne who will do a fantastic job I'm sure and I wish her every success.

In Lionism. John Salmon

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## 2016 201T1 DISTRICT CONVENTION

Our last Committee meeting concentrated on car parking and partner's tours, which are an important part of the overall event.

Particularly in a town like Latrobe, which has been and is, one of Tasmania's major tourist attractions.

#### **Car Parking**

I am very pleased to announce that we have secured the site of the Latrobe Sunday Markets grounds for exclusive Convention parking for attendees on Friday 11th and Saturday 12th.

On Saturday and Sunday we will also have the Latrobe Council car park available to us which is immediately adjacent to the Memorial Hall, the venue for our convention, although this is very limited in parks available.

#### These areas are highlighted below



On Sunday, the parking could very well be an issue as there are no less than three markets in town, 2 of which are immediately opposite the Memorial hall, however, if all attendees arrive before 9.00am there should be ample street parking available as the Sunday Market patronage does not really kick off before 9.30am.

#### Please Note; The Sunday Market Grounds are NOT available for attendees parking on Sunday.

These markets, of course, offer another interest for Convention Partners to peruse all the stalls and view the amazing range of used, new and refurbished goods available for sale as well as fresh grown vegetables direct from the local market gardens.

In my previous letter, I referred to one of Latrobes' biggest attractions "Reliquaire" which unfortunately burnt to the ground last

In my previous letter, I referred to one of Latrobes' biggest attractions "Reliquaire" which unfortunately burnt to the ground last December.

I am pleased to announce that the business has now temporarily re-opened, utilising their private dwelling in Hamilton Street, just around the corner from their original site, until they rebuild in the original site later this year.

Please ensure you visit this Australian unique outlet, which offers some wares not seen anywhere else in the country. Kim and Sylvia will see to your needs here with all the enthusiasm and attention you desire.

As mentioned in my last letter, accommodation in Latrobe is limited, but what is here is top class, so if you want to stay in Latrobe then I suggest you book early.

Cont'd on page 3...

#### 2016 201T1 DISTRICT CONVENTION CONTINUED...

#### Just reminding you these are:

- \* Sherwood View B & B 4 star Go to http://www.sherwoodview.com.au/
- \* Lucinda B & B 4 star Go to <a href="http://www.lucindabedandbreakfast.com/">http://www.lucindabedandbreakfast.com/</a> the 3 rooms here have been reserved for the Convention to be confirmed by the visitors, so if you want to stay here mention the Convention when you call
- \* A Country View Go to <a href="http://www.countryviewstays.com.au/">http://www.countryviewstays.com.au/</a>
- \* There is also an exciting new Farm-stay Accommodation, just minutes out of Latrobe, comprising of one self-contained cottage and 1 studio cottage becoming available in the next month or so. These two units are currently undergoing complete renovations and will be sparkling new for any new patrons. I have already requested the proprietors reserve these for the Convention attendees, to which they have agreed, but you'll have to get in quickly.

#### I'll give you all the details in my next newsletter.

- \* If these are already booked then Port Sorell and Devonport offer a wide range of accommodation from Caravan parks, to B & B's, to Hotels.
- \* An outstanding B &B in Devonport is **Birchwood on the River**, offering a choice of 2 self- contained apartments. Also on offer at Birchwood is a fully self-contained cottage adjacent to the main residence. Go to: <a href="http://birchwoodontheriver.com.au/">http://birchwoodontheriver.com.au/</a> for this one. Rex and Julia will ensure you have a very pleasant stay. In consultation with Rex at Birchwood. In consultation with Rex, I am pleased to announce that he will offer a 10% discount for Lion Convention attendees for all his accommodation.

The Latrobe or Devonport Information Centres can assist you with all of these.

Don't forget - The Convention dates are

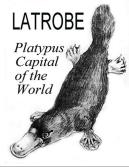
11<sup>th</sup> - 13<sup>th</sup> November,
so set those days aside in your calendar
and come and join us
for what promises to be an interesting
and enjoyable weekend.

Until then,

Kevin Moulden
Convention Committee Chairman

fundraising goal and continue changing lives.







#### OUR FOUNDATION

I recently spent time in Sri Lanka, a small country that has five Lions eye hospitals serving a population of over 21 million people. LCIF has helped fund all five eye hospitals. I was very impressed with the facilities, their level of care and the active involvement of the local Lions. On a recent trip through the United States, I visited a fantastic Lions KidSight USA program in lowa. Last year, lowa KidSight screened more than 46,000 children, ranging in age from six months to six years. Five percent of those children needed to see an eye doctor. That means 2,300 children might still be living with visual impairments if not for KidSight USA! Lions Clubs International Foundation (LCIF) supports the screening programs through grant funding. Good things happen when we work together, and I am so proud of the work that Lions do to improve the lives of people in their communities and around the world. Remember, it is only through your generosity that we are able to improve the lives of millions every year. As we approach the end of the fiscal year, please consider making a donation so that LCIF can reach its

Together in Service, Joe Preston, Chairperson, Lions Clubs International

# NEW NEWSLETTER EDITOR



#### LION LINDA PAYNE

"I very happily live on King Island, courtesy of a teaching appointment 30 years ago.

My husband, Robbie, runs a beef and sheep property and I recently retired from teaching to stay at home and help with the admin side of things. I'm better with computers than I am with cattle!

We have 2 daughters – one is at Boarding School in Launceston, the other works in Melbourne.

I joined Lions 18 years ago when I needed assistance to turn the former Reekara Primary School into a community centre. It became my 3rd baby! I've somehow managed to be President, Secretary, Treasurer and Bulletin Editor of our Club and now find myself offering to compile the District Newsletter. I've just accepted a role on the Golf Club committee, which is okay because I love playing golf.

Bass Strait makes it hard to get to meetings and events in Tasmania, but I believe I can contribute to Lions Tasmania from the comfort of my own home, just as Lion John has done over previous years.

I congratulate him on his long serving contribution as Editor and wish him well in whatever role comes next.

I look forward to beginning my new position when I return from overseas in August."





## Lionsonoz in Action

Recently, Lionsonoz member, Lion Trish
Hyett assisted husband Lion Syd, a member of Ingleburn Lions Club, at their Club's project at the NSW Harness Racing Club meeting held at Menangle Park and to cheer on charity pacer, Abettorrose.



Abetterrose, her trainer, KerryAnn Turner, Lion Trish Hyett (Australian Lionsonoz) and Lion Syd Hyett of Ingleburn Lions Club

**Abettorrose** regularly races for charities and community groups, who receive \$2,500 for a win, and if unsuccessful, the chosen charity still receives \$250 just for a start!

At this meeting she was running for the benefit of the *Ingleburn Lions Club*, but as *Australian Lionsonoz* do not conduct any money raising projects, their members assist "main stream" *Lions Clubs* in their projects.

**Lion Trish** was doing this very thing on the day, when this beautiful horse trotted bravely for *Ingleburn's Lions Club*, proudly leading for most of the race, but unfortunately, the last couple of hundred metres proved just too much for this fearsome filly!

PDG Lion Warren White

#### Lionsonoz in Action 2

While Travelling to Moree to join up with the *Lions Vanners* to wend their way to Echuca last month, *Lionsonoz President* Lion Ted Pickwell and Lion Hazel called in on Lions Kel and Yvie Kearns at Woolgoolga and took delivery of a vast amount of baby jackets, jumpers and beanies especially knitted by the *Lionsonoz* ladies for premature babies.

This is an ongoing project undertaken by the ladies, which helps to fill in the time between towns on their travels and also is a very worthwhile project as well.

This batch was presented to the **Moree Hospital Obstetrics ward** by *Lion Hazel* and the Matron there was very pleased to receive them. This latest issue should keep the Moree hospital in premature baby's clothes for many months to come.

Australian Lionsonoz does not have an Activities account, nor does it conduct fund raising projects so, the knitting project allows the members to participate in voluntary work while travelling all over this great land of ours.

Anyone who would like to participate in the Australian Lionsonoz program would be very welcome and for more details they could contact Lionsonoz Lion Yvie on 0427 497 660.

Lion Warren White



Australian Lionsonoz Lion Hazel Pickwell shown here presenting a bundle especially knitted for premature babies to the matron of the Obstetrics ward of the Moree Hospital

## DISTRICT STAMP COLLECTING

\*\*\*\*\*\*\*\*\*

With the onset of a new Lions year, I am asking all Lions to make a special to partake in this project.

It is simple and takes very little time and outlets such as friends, workmates, family, business and schools.

It could also give an opportunity to find a new member.

I hope you noticed my report last month, where we were a part of a body that raised some \$13,400 and presented to the

Mobility Lions Foundation, which will aid in giving a disabled child a better way of life.

Hence your participation is rewarding knowing your efforts will be worthwhile.

To those Lions who currently support this project a big

#### THANK YOU

and keep the good work!

All stamps can be sent directly to me at 11 Camina Court, Riverside TAS 7250

or handed to your Cabinet officer who will get them to me...

Kind Regards
Peter Burke
Co-ordinator
Riverside Lions Club



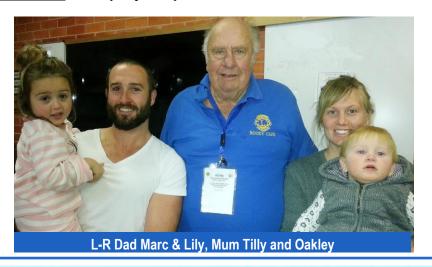
### LIONS TASMANIA WEBSITE

www.201t1.lions.org.au
LIONS TASMANIA
FREECALL
1300 920 181

#### TOP SHOW FOR TOP CAUSE!

**President Kevin Radford** presented a cheque for \$4000 to the **Best Family** to assist with medical expenses for **Lily Best**.

Marc and Tilly expressed their gratitude to *Lions and all who supported* the <u>Top Gear Car Show</u> at Rocky Cape in April.







#### TASMANIAN LIONS FOUNDATION

Many thanks to all Clubs who donated to the Foundation throughout the year and the ones who have purchased TLF Fellowship awards.

#### Your efforts are greatly appreciated.

The next meeting of the Foundation is set down for Sunday

#### 12th September 2016

Any Club with a grant request please have it in the hands of Secretary by

#### **2nd September 2016**

**Remember**, we have Trustees available to visit your Club as a

#### **Guest Speaker**

to outline how the *Foundation* works and any other information that you would like to know.

### It is your Foundation, we do appreciate your support.

Keep up the good work in your communities and remember - we are here to assist you.

Until next month, Regards to you all. **Peter Burke** Secretary



A single act of service can change a life.

But, when

1.35 million

Lions members come together to serve, we can change the world!

### Help for Anna...

Launceston's Anna Roney, a young mother of two small children was diagnosed with Relapsing-Remitting Multiple Sclerosis in 2013.

Treatment for this rare form of Multiple Sclerosis, which includes chemotherapy and a bone marrow transplant is not yet available in Australia, though it is a well established treatment in several other countries.

The cost of travelling overseas for treatment is significant, and Anna's friends, family and supportive donors have already raised \$56,000 of the \$80,000 needed to meet the cost of treatment.

Anna's friend, **Rhiannon Menegon**, approached the City of Launceston Lions Club who were happy to contribute \$5000 toward her costs.

We wish Anna the very best, and hope that the treatment will greatly improve her condition and quality of life.

#### **Margaret Whitmore**

Secretary

City of Launceston Lions Club



President John Dakin, Anna Roney with children Levi (3) and Owen (11 months) Rhiannon Menegon with her small son and Secretary Margaret Whitmore presenting a cheque for \$5000 from the City of Launceston Lions Club

### INTERNATIONAL NEWS



#### **Defeating Trachoma**

Lions and LCIF are very active in the fight against trachoma.

To date, LCIF's SightFirst program has awarded more than US\$47 million to The Carter Center to combat this disease.

Trachoma: Defeating a Blinding Curse ...

is a documentary feature film that follows The Carter Centre staff, global health partners, and Lion and former U.S. President Jimmy Carter, in their efforts to eliminate blinding trachoma in Ethiopia ...



#### **DISTRICT MERCHANDISING**

Following the District Chairman's meeting in Sydney recently, several points to note.

#### **SUGAR FREE MINTS**

These mints have a separate header board stating the price of \$1.00 and use the same holder as our regular mints. The sugar free mints give Clubs the opportunity to put the mints into Doctors and Dentists surgeries. Last year the growth in sugar free mints was between 20-28% in Coles/Woolworth stores. Our retail price of \$1.00 (Club pays 44cents per roll - this gives the Club a margin of 56% profit on each roll. So grab the opportunity to raise more funds for your Club for distribution within in your communities.



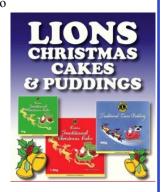
As at the 1st July, 2016 invoices for the purchase of cakes, pudding and mints will now be sent by email to the Secretaries of each Club. These invoices need to be passed onto the Treasurer for processing.

#### **CAKES AND PUDDING**

The preferred way for payment of cake accounts is by the PayWay card which identifies the payment from your Club to Top Taste (George Weston Foods). Simply write out you Club's cheque and take this to your local Post Office who

will receipt the payment. The PayWay card is not a debit/credit card as it only has your Club's name and LCI number on it along with the specified Lions account that it is to be deposited into.

These cards have been sent out to each Club last year and currently we have 19 Clubs not using their cards. If your Club has misplaced this card please contact me on <u>0409 442 593</u> so that I can arrange a replacement immediately.



Multiple District is currently in talks with Top Taste to change the design cover of our 1.5kg and 1.0kg cakes. These new designs are planned to be introduced at the Convention in May, 2017.

#### **SUE JOHNS**

DISTRICT CHAIRMAN - T1 MERCHANDISING

#### Let's Just Pretend...

Although this married couple enjoyed their new fishing boat together, it was the husband who was behind the wheel operating the boat.

Still, he was concerned about what might happen in an emergency.

So one day out on the lake he said to his wife, "Honey, take the wheel ... Pretend that I am having a heart attack. You must get the boat safely to shore and dock it."

So she drove the boat to shore and safely docked it. Later that evening, the wife walked into the living room where her husband was reading a novel. She sat down next to him, switched the TV channel, and said to him,

"Honey, go into the kitchen. Pretend I'm having a heart attack and set the table, cook dinner and wash the dishes."

## Our District Count

30 April 2016

Clubs: 50 Membership: 12

31 May 2016

 Clubs:
 50

 Membership:
 1217

 YTD ADD
 93

 YTD DROP
 130

 YTD GROWTH %
 - 2.95

Status: "Established district"

**Echuca 2016** 



The **Lions Youth of the Year** programme has been held Club or Regions finals, with the State Final hosted by *LC Clarence* at the **Clarence Council Chambers**, an excellent venue for the *Lions Youth of the Year* competition, which is a highlight and extremely successful event within our District.

Then it was on to **Echuca** to join all other State Coordinators in supervising the State Winners at the MD Finals. The Youth of the Year National Final is one of the most popular events at the Multiple District Convention and this year it was held on the last day of the Convention in Echuca, **Monday the 16th May 2016 at 9.00am**.

As DG Annette said recently, "As always, the young people who participate give us an insight into their thinking and knowledge, and makes one proud to think they will be our leaders in the future."

I URGE CLUBS STRONGLY TO GET BEHIND THIS OUTSTANDING PROGRAM AND PARTICIPATE.



## DISTRICT NEWSLETTER 20171

Copy for the newsletter is required on or before the tenth (10th) of the month of publication.

It is preferred that articles be typed and submitted for publication by e-mail or CD/DVD. Please forward (where possible) photos and newspaper cuttings with your article.

Scanned images should be of high quality (300dpi).

Deadline for next issue is: JULY 10th

#### Heaven is a place on earth, but where?

An American decided to write a book about famous churches around the world. So he bought a plane ticket and took a trip to Orlando, thinking that he would start by working his way across the USA from south to north.

On his first day he was inside a church taking photographs when he noticed a golden telephone mounted on the wall with a sign that read '\$10,000 per call'. The American, being intrigued, asked a priest who was strolling by what the telephone was used for.

The priest replied, "It's a direct line to Heaven, for \$10,000 you can talk to God."

The American thanked the priest and went on his way.

Next stop: Atlanta. There, at a very large cathedral, he saw the same golden telephone with the same sign beneath. He wondered if this was the same kind of telephone he saw in Orlando, so he asked a nearby nun about the phone's purpose. She told him that it was a direct line to Heaven, and that for \$10,000 he could talk to God.

"Okay, thank you," said the American.

He then travelled to Indianapolis, Washington DC, Philadelphia, Boston and New York. In every church he saw the same golden telephone with the same '\$10,000 per call' sign underneath.

Upon leaving Vermont, the American decided to travel to Australia to see if they had the same phone. He arrived in Australia, and again, in the first church he entered, there was the same golden telephone, but this time the sign under it read '40 cents per call'. The American was taken aback.

"Father, I've travelled all over America and I've seen this same golden telephone in many churches. I'm told that it is a direct line to Heaven, but in the US the price was \$10,000 per call. Why is it so cheap here?" he asked the priest.

The priest smiled and answered, "You're in Australia now, mate – it's a local call"!



LET'S <u>all</u> build for membership in 201T1

#### **SURVIVING A HEART ATTACK ...ALONE!**

- 1 Let's say it's 7.25pm and you're going home (alone of course) after an unusually hard day on the job.
- 2 You're really tired, upset and frustrated.
- **3** Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up in to your jaw. You are only about five km from the hospital nearest your home.
- 4 Unfortunately you don't know if you'll be able to make it that far.
- 5 You have been trained in CPR, but the guy that taught the course did not tell you how to perform it on yourself.

#### 6 HOW TO SURVIVE A HEART ATTACK WHEN ALONE

Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.

- 7 However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.
- A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be beating normally again.
- **8** Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital.
- 9 Tell as many other people as possible about this. It could save their lives!
- 10 A cardiologist says If everyone who gets this mail, kindly sends it to 10 people, you can bet that we'll save at least one life.
- 11 Rather than sending jokes, please contribute by forwarding this article which can save a person's life....
- 12 If this message comes around you ... more than once ... please don't get irritated ... You need to be happy that you have many friends who care about you and being reminded of how to tackle ...

Heart attacks ...



Dignity, Harmony, Humanity



The Last Word...